

## ***Centering Prayer Liturgy***

*Call to Worship:*

One: The peace of our Lord Jesus Christ be with you.

**All: And also with you.**

One: Blessed be the one, holy, and living God.

**All: Glory to God for ever and ever.**

*Prayer:*

**Loving God, in the height of this day we pause to rest in you. Quiet our minds that they may be still, fill our hearts that we may abide in love and trust. Christ, as a light illumine and guide me. Christ, as a shield overshadow me. Christ under me; Christ over me; Christ beside me on my left and my right.**

*Reading*

*Prayer:*

**Holy God, open our hearts to the silent presence of the Spirit of your Son. Lead us into that mysterious silence, where your love is revealed to all who call, 'Come, Lord Jesus.'**

*20 minute sit*

*Psalm*

*Go in peace*

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