

## Supplementary online material

Table S1

*Means, Standard Deviations, and Factor Loadings for Items Included in the Seven-Factor Model of the Autobiographical Recollection Test (Study 1)*

Item	<i>M</i>	<i>SD</i>	Vividness	Coherence	Reliving	Rehearsal	Scene	Visual	Life Story
1	4.71	1.37	.80						
9	4.69	1.45	.84						
17	4.59	1.49	.86						
2	4.32	1.63		.73					
10	4.10	1.57		.87					
18	4.57	1.50		.70					
3	4.21	1.59			.81				
11	4.32	1.54			.81				
19	4.44	1.53			.89				
4	4.87	1.44				.55			
12	4.70	1.46				.60			
20	4.68	1.46				.76			
5	5.02	1.29					.74		
13	4.85	1.36					.85		
21	4.77	1.31					.68		
7	5.45	1.14						.73	
15	5.06	1.31						.77	
23	4.75	1.45						.89	
8	4.97	1.38							.83
16	5.06	1.42							.81
24	4.88	1.37							.74
Inter-factor Correlations									
Viv	4.66	1.28							
Coh	4.33	1.33	.97						
Rel	4.32	1.37	.80	.74					
Reh	4.75	1.12	.70	.64	.76				
Scce	4.88	1.11	.86	.75	.70	.71			
Vis	5.09	1.14	.96	.81	.82	.75	.91		
Lif	4.97	1.20	.66	.61	.64	.70	.62	.66	

*Note.*  $N = 400$ . Means could range from 1 to 7. For the full ART,  $M = 4.71$ ,  $SD = 1.00$ . For the Brief ART,  $M = 4.77$ ,  $SD = 1.06$ .

Table S2

*Means, Standard Deviations, and Factor Loadings for Items Included in the Seven-Factor Model of the Autobiographical Recollection Test (Study 2, Time 1)*

Item	<i>M</i>	<i>SD</i>	Vividness	Coherence	Reliving	Rehearsal	Scene	Visual	Life Story
1	4.82	1.44	.75						
9	4.79	1.36	.78						
17	4.42	1.35	.79						
2	4.31	1.55		.73					
10	3.90	1.45		.79					
18	4.84	1.22		.43					
3	4.46	1.41			.76				
11	4.49	1.42			.76				
19	4.79	1.13			.56				
4	5.11	1.23				.49			
12	4.73	1.49				.38			
20	5.36	1.14				.59			
5	5.01	1.23					.67		
13	4.81	1.25					.78		
21	4.79	1.26					.60		
7	5.76	1.05						.56	
15	4.97	1.16						.54	
23	4.76	1.34						.79	
8	5.42	1.21							.81
16	5.55	1.17							.78
24	5.23	1.07							.73
Inter-factor Correlations									
Viv	4.68	1.18							
Coh	4.35	1.10	.95						
Rel	4.58	1.07	.71	.52					
Reh	5.07	0.90	.69	.58	.68				
Scce	4.87	1.00	.66	.63	.70	.64			
Vis	5.16	0.93	.95	.72	.85	.74	.78		
Lif	5.40	0.97	.41	.29	.38	.79	.45	.50	

*Note.*  $N = 303$ . Means could range from 1 to 7. For the full ART,  $M = 4.87$ ,  $SD = 0.75$ . For the Brief ART,  $M = 5.06$ ,  $SD = 0.79$ .

Table S3

*Means, Standard Deviations, and Factor Loadings for Items Included in the Seven-Factor Model of the Autobiographical Recollection Test (Study 2, Time 2)*

Item	<i>M</i>	<i>SD</i>	Vividness	Coherence	Reliving	Rehearsal	Scene	Visual	Life Story
1	4.93	1.22	.72						
9	4.82	1.23	.79						
17	4.59	1.27	.80						
2	4.35	1.47		.73					
10	4.07	1.41		.83					
18	4.88	1.26		.33					
3	4.67	1.31			.74				
11	4.60	1.34			.75				
19	4.79	1.18			.56				
4	5.13	1.15				.55			
12	4.84	1.39				.50			
20	5.35	1.16				.67			
5	5.07	1.13					.73		
13	4.92	1.16					.75		
21	4.88	1.20					.61		
7	5.79	0.93						.57	
15	5.23	1.06						.60	
23	4.86	1.23						.84	
8	5.33	1.26							.83
16	5.43	1.09							.87
24	5.28	1.11							.71
Inter-factor Correlations									
Viv	4.78	1.07							
Coh	4.43	1.06	.93						
Rel	4.69	1.02	.69	.53					
Reh	5.11	0.91	.50	.27	.58				
Scce	4.96	0.94	.60	.62	.59	.42			
Vis	5.30	0.87	.93	.69	.77	.51	.76		
Lif	5.34	1.00	.33	.17	.32	.53	.18	.29	

*Note.*  $N = 303$ . Means could range from 1 to 7. For the full ART,  $M = 4.94$ ,  $SD = 0.69$ . For the Brief ART,  $M = 5.11$ ,  $SD = 0.74$ .