



For more  
information, call  
**919-613-7797**

# James R. Urbaniak, MD

## Sports Sciences Institute

### Services

#### Sports Medicine

Our sports medicine experts provide care for all individuals with musculoskeletal pain or injury seeking to live an active life with special expertise in children, women and athletes of all ages. We serve as the team physicians for Duke University and other local athletic teams.

#### PRIMARY CARE SPORTS MEDICINE

Blake Boggess, DO	Tracy Ray, MD
Jeffrey Bytomski, DO	Deborah Squire, MD

#### ORTHOAEDIC SPORTS MEDICINE

Louis Almekinders, MD	Claude T. Moorman III, MD Executive Director, Duke Sports Sciences Institute
Annunziato Amendola, MD Chief, Division of Sports Medicine	Donald O'Malley Jr., MD
Lee Diehl, MD	Jonathan Riboh, MD
William Garrett Jr., MD	Kevin Speer, MD
Grant Garrigues, MD	Dean Taylor, MD
Andre Grant, MD	Alison Toth, MD
Richard C. Mather III, MD	

#### Sports Medicine Rehabilitation

Our team includes physical therapists (PT) and dual trained PT/athletic trainers who create individual programs to return active individuals to their maximal performance and functional capacity. We also provide athletic training.

#### DIRECTOR

Robert Bruzga, PT

#### Sports Cardiology

Our sports cardiologists work with athletes with heart disease to ensure health risks are minimized during competition. The Sports Medicine Forward Program helps current and aging athletes establish good cardiometabolic health.

#### DIRECTOR

William Kraus, MD

#### Sports Neurology and Concussion Clinic

Treating acute and chronic sports concussion injuries, this team of neurologists also helps neurologically impaired patients who want to exercise. Duke athletes, as well as high school and club sports participants are evaluated by this group.

#### DIRECTOR

Joel Morgenlander, MD

#### Sports Vision Center

Targeting collegiate and professional athletes as well as the military, the ophthalmic team focuses on eye care and injury prevention and vision improvement. We are working to develop new techniques to help athletes improve their vision during competition.

#### DIRECTOR

Terry Kim, MD

#### Michael W. Krzyzewski Human Performance Laboratory (K-Lab)

The K-Lab brings together a multidisciplinary team of orthopaedic surgeons, biomedical engineers, kinesiologists, physical therapists and athletic trainers focusing on preserving long-term joint health through injury prevention and rehabilitation following injury.

#### DIRECTOR

Timothy Sell, PhD, PT

#### Sports Performance

Working with the most competitive athletes across all sports, ages and levels of play, this program develops individualized training plans to improve athletic performance. Performance plans focus on agility, speed, power, strength, stamina, flexibility, body composition and endurance.

#### DIRECTOR

Greg McElveen, MS, MBA, CSCS