



General Information

Description

This live activity is designed to identify areas of recent research in the field of orthopaedic sports medicine and arthroscopy relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through scientific research, faculty/participant interaction, spotlights on surgical techniques, symposia, and debates.

Target Audience

This program should prove valuable to any orthopaedic surgeon, physician, or allied health professional in the field of sports medicine or related fields of practice.

Program

The American Orthopaedic Society for Sports Medicine (AOSSM) attests that the people responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

Educational Objectives

Upon completion of this educational activity, learners should be able to:

- Identify recent research in the field of orthopaedic sports medicine
- Evaluate orthopaedic sports medicine diagnostic, surgical, non-operative, and other therapeutic measures and techniques
- Recognize specific topical problems endemic to the orthopaedic sports medicine practitioner
- Describe recent developments in the rapidly changing field of orthopaedic sports medicine
- Apply strategies to improve patient outcomes

Accreditations

AMA/PRA

AOSSM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AOSSM designates this live activity for a maximum of **6.5 AMA**

PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NATA/CEUs

AOSSM is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.



This program has been approved for a maximum of **6.5 hours** of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: P460

Disclosure Statement

In accordance with the standards of the ACCME, it is the policy of AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any proprietary entity producing health care goods or services consumed by, or used on, patients.) In accordance with AOSSM policy, faculty participation in this live activity is predicated upon timely submission and review of disclosures.

Disclaimer

The material presented in this continuing medical education activity is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed.

Questions

American Orthopaedic Society for Sports Medicine
9400 W. Higgins Road, #300
Rosemont, IL 60018
Phone: 847/292-4900 or (toll free) 877/321-3500
Fax: 847/292-4905
Email: aossm@aossm.org

7:35 am – 7:40 am

Welcome Remarks
Allen F. Anderson, MD
Kurt P. Spindler, MD

Paper 1

7:40 am 7:45 am

7:40 am – 8:15 am

Session I: ACL Surgical Decision Making

Moderators: Elizabeth Arendt, MD;
Diane L. Dahm, MD

A Comparison Of Anatomic Double- and Single-bundle Techniques For Anterior Cruciate Ligament Reconstruction, A Prospective Randomized Study With A 5-year Follow-up
Ioannis Karikis, MD¹, Neel Desai, MD², Ninni Sernert, PhD³, Lars Rostgard – Christensen, MD⁴, Juri T. Kartus, MD, PhD⁵.
(¹NU – Hospital Group, Uddevalla, Sweden, ²Sahlgrenska University Hospital, Mondal, Sweden, ³Development of Research and Development, USA, ⁴Skaraborg Hospital, Lindköping, Sweden, ⁵Norra Älvsborgs Länssjukhus, Trollhattan, Sweden.)

Paper 2

7:45 am – 7:50 am

Increased Risk of Revision after ACL Reconstruction with Soft Tissue Allograft Compared to Autograft: Graft Processing and Time Make a Difference.*Gregory Maletis, MD¹, Jason Chen, MA², Maria Carolina Secorun Inacio, PhD³, Rebecca Love, MPH⁴, Tadashi Ted Funabashi, MD⁵.**(¹Kaiser Baldwin Park, Baldwin Park, CA, USA, ²Kaiser Research and Evaluation, San Diego, CA, USA, ³Kaiser Permanente, San Diego, CA, USA, ⁴Kaise Resarch and Evaluation, San Diego, CA, USA, ⁵Orthopedic Surgery, Irvine, CA, USA.)***Paper 3**

7:50 am – 7:55 am

Surgical Predictors of Clinical Outcome following Revision ACL Reconstruction*MARS Group¹, Rick W. Wright, MD². (¹Washington University St. Louis, St. Louis, MO, USA, ²Washington University Dept of Orthopaedic Surgery, Saint Louis, MO, USA.)*

7:55 am – 8:10 am

Surgical Spotlight: Placement of Femoral and Tibial Single Tunnels**Faculty:** Mark D. Miller, MD

8:10 am – 8:20 am

Question and Answer

8:20 am – 8:50 am

Session II: Lower Extremity

Moderators: Robert T. Burks, MD; Christian Lattermann, MD**Paper 4**

8:20 am – 8:25 am

Pre-operative Lumbar Plexus Block Provides Superior Post-operative Analgesia when Compared with Fascia Iliaca Block or General Anesthesia Alone in Hip Arthroscopy*Andrew B. Wolff, MD¹, Geoffrey W. Hogan, BA¹, James Capon¹, Hayden Smith¹, Alexandra M. Napoli, BA¹, Patrick Gaspar, MD².**(¹Washington Orthopaedics and Sports Medicine, Chevy Chase, MD, USA, ²Fair Oak Anesthesia Associates, Oxon Hill, MD, USA)***Paper 5**

8:25 am – 8:30 am

A Risk Prediction Model for Redislocation Following First Time Lateral Patellar Dislocation (LPD)*Marc Tompkins, MD¹, Elizabeth A. Arendt, MD².**(¹TRIA/University of Minnesota, Minneapolis, MN, USA, ²University of Minnesota, Minneapolis, MN, USA)***Paper 6**

8:30 am – 8:35 am

Survival and Reoperation Rate Following Osteochondral Allograft Transplantation: Analysis of Failures for 100 Transplants at 5-year Follow-up*Rachel M. Frank, MD¹, David Levy, MD², Pamela Nina Scalise, BS³, Margaret Elizabeth Smith, BA², Brian J. Cole, MD, MBA⁴.**(¹Rush Univ, Chicago, IL, USA, ²Rush University, Chicago, IL, USA, ³Rush University Medical Center, Chicago, IL, USA, ⁴Midwest Orthopaedics at Rush, Chicago, IL, USA)***Paper 7**

8:35 am – 8:40 am

Functional Outcome of Sesamoid Excision in Athletes*J. Chris Coetzee, Rebecca M. Stone, MS, ATC, Jacquelyn E. Fritz, BS, Emma F. Grossi.**(Minnesota Orthopedic Sports Medicine Institute at Twin Cities Orthopedics, Edina, MN, USA)*

8:40 am – 8:50 am

Question and Answer

8:50 am – 9:25 am

Scientific Session III: Injury Prevention in Sports

Moderators: Letha Y. Griffin, MD, PhD; Jo A. Hannafin, MD, PhD**Paper 8**

8:50 am – 8:55 am

Effectiveness of a Preseason Prevention Program on Arm Injury Risk Factors: An Randomized Control Trial in Adolescent Pitchers*Charles A. Thigpen, PT, PhD, ATC¹, Lane Brooks Bailey, DPT², Michael J. Kissenberth, MD³, Thomas J. Noonan, MD⁴, Richard J. Hawkins, MD, FRCSC³, Ellen Shanley, PhD¹.**(¹Proaxis Therapy, Greenville, SC, USA, ²Ironman Sports Medicine Institute – Memorial Hermann, Houston, TX, USA, ³Steadman Hawkins Clinic of the Carolinas/Greenville Health System, Greenville, SC, USA, ⁴Steadman Hawkins Clinic Denver, Greenwood Village, CO, USA)***Paper 9**

8:55 am – 9:00 am

Does Fatigue Alter Pitching Mechanics?*Brandon J. Erickson¹, Terrance Sgroi, DPT², Peter Nissen Chalmers, MD³, Peter Vignona², Matthew Lesniak, DPT⁴, Charles A. Bush – Joseph, MD⁵, Nikhil N. Verma, MD⁶, Anthony A. Romeo, MD⁷.**(¹Rush University, Chicago, IL, USA, ²Accelerated Rehab PT, Chicago, IL, USA, ³Rush University Medical Center, Chicago, IL, USA, ⁴Accelerated Physical Therapy, Palos Heights, IL, USA, ⁵Rush University Medical CenterMidwest Orthopaedics, Chicago, IL, USA, ⁶Rush Presbyterian St. Luke's Medical Center, Chicago, IL, USA, ⁷Midwest Orthopaedics, Chicago, IL, USA)*

Paper 10 9:00 am – 9:05 am	Functional Movement Screen and Prior Injury in National Football League Combine Athletes <i>Harris S. Slone, MD¹, Spero G. Karas, MD², Raj H. Shani, MD³, Megan East, ATC, OTC, MS², William R. Barfield, PhD, FACSM⁴.</i> (¹ Medical University of South Carolina, Charleston, SC, USA, ² Emory Sports Medicine Center, Atlanta, GA, USA, ³ UT Physicians, Houston, TX, USA, ⁴ Medical Univ. of South Carolina, Charleston, SC, USA)	Paper 14 9:40 am – 9:45 am	Ulnar Collateral Ligament Reconstruction; the Rush Experience <i>Brandon J. Erickson¹, Bernard R. Bach, MD², Mark S. Cohen, MD³, Charles A. Bush – Joseph, MD⁴, Brian J. Cole, MD, MBA⁵, Nikhil N. Verma, MD⁶, Gregory P. Nicholson, MD⁷, Anthony A. Romeo, MD³.</i> (¹ Rush University, Chicago, IL, USA, ² Midwest Orthopaedics at RUSH, Chicago, IL, USA, ³ Midwest Orthopaedics, Chicago, IL, USA, ⁴ Rush University Medical Center Midwest Orthopaedics, Chicago, IL, USA, ⁵ Midwest Orthopaedics at Rush, Chicago, IL, USA, ⁶ Rush Presbyterian St. Luke's Medical Center, Chicago, IL, USA, ⁷ Rush Presbyterian St Lukes Med Ctr Midwest Ortho, Chicago, IL, USA)
9:05 am – 9:15 am	Update: ACL/Knee Prevention Studies: AAOS Guidelines Faculty: Kevin G. Shea, MD	9:45 am – 9:55 am	Question and Answer
9:15 am – 9:25 am	Question and Answer	9:55 am – 10:15 am	Break
9:25 am – 9:35 am	Scientific Session IV: Elbow Moderators: Mark S. Schickendantz, MD; E. Lyle Cain, MD	10:15 am – 10:45 am	Scientific Session V: Team Physician Update Moderators: Richard D. Parker, MD; Christopher C. Kaeding, MD
Paper 11 9:25 am – 9:30 am	Radiostereometric Evaluation of Tendon Elongation after Distal Biceps Repair <i>Nathan Marshall¹, Robert A. Keller, MD², John – Michael Guest³, Vasiliou Moutzourous, MD⁴.</i> (¹ Henry Ford Hospital, Royal Oak, MI, USA, ² Henry Ford Hospital, Detroit, MI, USA, ³ Wayne State University, Detroit, MI, USA, ⁴ Henry Ford Medical Group, Novi, MI, USA)	Paper 15 10:15 am – 10:20 am	Unintended Consequences of Concussion Prevention in NCAA Football <i>Robert W. Westermann, MD¹, Peter Wehr, MD¹, Annunziato Amendola, MD².</i> (¹ University of Iowa, Iowa City, IA, USA, ² UI Sports Medicine, Iowa City, IA, USA)
Paper 12 9:30 am – 9:35 am	Lacertus Fibrosis versus Achilles Allograft reconstruction for Chronic Distal Biceps Tears: A Biomechanical Study <i>Miguel Ramirez, MD¹, Anand Murthi, MD².</i> (¹ Union Memorial Hospital, Baltimore, MD, USA, ² MedStar Union Memorial Hospital, Baltimore, MD, USA)	Paper 16 10:20 am – 10:25 am	CNS Voltage – gated Calcium Channel Gene Variation And Prolonged Recovery Following Sport – related Concussion <i>Jane McDevitt, PhD.</i> (Temple University, Douglassville, PA, USA)
Paper 13 9:35 am – 9:40 am	Ulnar Collateral Ligament Repair with Internal Brace Augmentation: A Novel UCL Repair Technique in the Young Adolescent Athlete <i>Jeffrey R. Dugas, MD¹, E. Lyle Cain, MD², Benton A. Emblom, MD³, Jamie T. Frantz, MD⁴, Brian L. Walters, MD⁵.</i> (¹ Andrews Sports Medicine & Orthopaedic Center, Birmingham, AL, USA, ² Andrews Sports Medicine, Birmingham, AL, USA, ³ Andrews Sports Medicine and Orthopaedic Center, Birmingham, AL, USA, ⁴ American Sports Medicine Institute (St. Vincent's) Program, Birmingham, AL, USA, ⁵ Andrews Sports Medicine Institute, Birmingham, AL, USA)	Paper 17 10:25 am – 10:30 am	Characterizing Radiographic Hip Anatomy and Relationship to Hip Range of Motion and Symptoms in National Hockey League (NHL) Players <i>Christopher M. Larson, MD¹, Don Fuller, ATC², James R. Ross, MD³, David Rowley, MD⁴, M. Russell Giveans, PhD¹, Rebecca M. Stone, MS, ATC¹, Asheesh Bedi, MD⁵.</i> (¹ Minnesota Orthopedic Sports Medicine Institute at Twin Cities Orthopedics, Edina, MN, USA, ² Minnesota Wild, Saint Paul, MN, USA, ³ Broward Orthopedic Specialists, Fort Lauderdale, FL, USA, ⁴ Fairview Southdale Hospital/MOSMI Program, Minnetonka, MN, USA, ⁵ MedSport, Univ of Michigan, Ann Arbor, MI, USA)
		10:30 am – 10:45 am	Point – Counterpoint: Orthopaedist – Head Team Physician

	Faculty: Eric C. McCarty, MD (Yes); Michael D. Goodlett, MD (No)	11:15 am – 11:25 am	Question and Answer
10:45 am – 10:55 am	Question and Answer	11:25 am – 12:00 pm	Kennedy Lecture <i>Christopher D. Harner, MD</i>
10:55 am – 11:25 am	Scientific Session VI: Rotator Cuff	12:00 pm – 1:00 pm	Lunch
	Moderators: John E. Kuhn, MD; Stephen F. Brockmeier, MD	1:00 pm – 1:55 pm	Case-based Symposium: Management of Shoulder Instability
Paper 18			Moderator: Nikhil N. Verma, MD; Christopher J. Ahmad, MD
10:55 am – 11:00 am	Arthroscopic Superior Capsule Reconstruction For Irreparable Rotator Cuff Tears: A Prospective Clinical Study In 100 Consecutive Patients With 1 To 8 Years Of Follow – up <i>Teruhisa Mihata, MD, PhD¹, Thay Q. Lee, PhD², Yasuo Itami, MD³, Akibiko Hasegawa, MD, PhD⁴, Mutsumi Ohue, MD⁵, Masashi Neo, MD, PhD¹.</i> (¹ Department of Orthopedic Surgery, Osaka Medical College, Takatsuki, Osaka, Japan, ² VA Long Beach HCS and University of CA, Long Beach, CA, USA, ³ Department of Orthopaedic Surgery, Osaka Medical college, Takatsuki, Japan, ⁴ Towakai hospital, Takatsuki, Osaka, Japan, ⁵ Katsuragi Hospital, Kishiwada, Japan)	1:00 pm – 1:03 pm	Surgical Decision Making How Do We Measure Glenoid Bone Loss? <i>Adam B. Yanke, MD</i>
		1:03 pm – 1:06 pm	What Size Hill-Sachs Matters? <i>George Athwal, MD</i>
		1:06 pm – 1:11 pm	Debate: Recurrent Instability Repair with Open Procedure <i>Robert A. Arciero, MD</i>
		1:11 pm – 1:16 pm	Arthroscopic Repair <i>Robert T. Burks, MD</i>
		1:16 pm – 1:26 pm	Discussion Debate: Instability in the Contact Athlete
Paper 19		1:26 pm – 1:31 pm	Arthroscopic Repair Is Best <i>Anthony A. Romeo, MD</i>
11:00 am – 11:05 am	Interposition Porcine Acellular Dermal Matrix Xenograft Successful Alternative in Treatment for Massive Rotator Cuff <i>Julie Neumann, MD¹, Miltiadis H. Zgonis, MD², Kathleen Dolores Reay, MD³, Stephanie W. Mayer⁴, Blake Boggess, MD¹, Alison P. Toth, MD⁵.</i> (¹ Duke University Medical Center, Durham, NC, USA, ² University of Pennsylvania Health System, Philadelphia, PA, USA, ³ Duke University Health System, Durham, NC, USA, ⁴ Hospital for Special Surgery, New York, NY, USA, ⁵ Duke Sports Medicine, Durham, NC, USA)	1:31 pm – 1:36 pm	Open Repair Is Best <i>Jeffrey R. Dugas, MD</i>
		1:36 pm – 1:39 pm	Technical Pearls of Shoulder Surgery (Narrated Video Clips) Management of Subscapular Tendon in Open Procedure <i>Matthew Provencher, MD</i>
		1:39 pm – 1:42 pm	Fixation Tip Latarjet Procedure <i>Stephen S. Burkhart, MD</i>
		1:42 pm – 1:45 pm	Suture/Portal Placement in Arthroscopic Repair Instability <i>Nikhil N. Verma, MD</i>
		1:45 pm – 1:55 pm	Discussion
		1:55 pm – 2:45 pm	Case-based Symposium: Management of Meniscus Injuries
Paper 20			Moderators: Rick W. Wright, MD; Thomas Sean Lynch, MD
11:05 am – 11:10 am	Tape versus Suture – A Biomechanical and Clinical Analysis in Arthroscopic Rotator Cuff Repair of Large Tears <i>Liu Ruiwen, MD¹, Patrick Hong Lam, PhD¹, Henry Shepherd, Student², George A. Murrell, MD, DPhil².</i> (¹ Orthopaedic Research Institute, Sydney, Australia, ² St George Hospital, Sydney, Australia)	1:55 pm – 2:00 pm	Meniscus Repair Indications and Techniques <i>C. Benjamin Ma, MD</i>
Paper 21		2:00 pm – 2:06 pm	Inside-out Anatomy and Exposure Medial and Lateral Anatomy Dissection Video <i>Matthew Matava, MD</i>
11:10 am – 11:15 am	Are We Getting Any Better? A Study on Repair Integrity in 1600 Consecutive Arthroscopic Rotator Cuff Repairs <i>Hayden McColl¹, Patrick Hong Lam, PhD², George A. Murrell, MD, DPhil³.</i> (¹ Orthopaedic Research Institute, St George Hospital, Australia, ² Orthopaedic Research Institute, Sydney, Australia, ³ St George Hospital, Sydney, Australia).		

2:06 pm – 2:10 pm	Suture Placement for All-inside Video of Pearls <i>Robert H. Brophy, MD</i>
	Debate: Meniscus Repair Technique
2:10 pm – 2:15 pm	Inside-Out Is Gold Standard <i>Darren L. Johnson, MD</i>
2:15 pm – 2:20 pm	All-Inside Is Best <i>Rick W. Wright, MD</i>
2:20 pm – 2:25 pm	Rehabilitation of the Isolated Repair – Is There Evidence? <i>Lynn Snyder-Mackler, PhD</i>
	Meniscus Tear Treatments by Experts: Case Presentations by Moderators
2:25 pm – 2:35 pm	<i>David R. Diduch, MD; Brian R. Wolf, MD, MS; Allen F. Anderson, MD; Charles A. Bush-Joseph, MD; Lutul D. Farrow, MD</i>
2:35 pm – 2:45 pm	Discussion

Saturday, March 5, 2016
Orange County Convention Center, West Building
Chapin Theater
3:00 pm – 5:00 pm



General Information

Description

This live activity is designed to identify areas of recent research in the field of orthopaedic trauma, orthopaedic sports medicine and arthroscopy relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through technical pearls on surgical techniques, symposia, clinical insights, debates, and participant/faculty interaction.

Target Audience

This program should prove valuable to in the field of orthopaedic trauma and orthopaedic sports medicine relevant to practicing physicians, surgeons, and allied health professionals.

Program

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Course Objectives

Upon completion of this educational activity, learners should be able to:

- Debate treatment management approaches of common and complex upper and lower extremity injuries
- Identify technical surgical pearls for common and complex upper and lower extremity injuries
- Apply strategies to improve patient outcomes

Accreditations

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Questions

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OTA/AOSSM Combined Session

3:00 pm – 3:50 pm	Common Upper Extremity Injuries Moderators: Andrew Schmidt, MD; James P. Bradley, MD
	Displaced Clavicle Fractures
3:00 pm – 3:12 pm	Management Debate
3:00 pm – 3:06 pm	Non-Operative Management Is Preferable <i>Grant L. Jones, MD</i>
3:06 pm – 3:12 pm	Surgery Provides Better Results <i>Michael McKee, MD</i>
3:12 pm – 3:15 pm	My Top 3 Technical Pearls for ORIF <i>Utku Kandemir, MD</i>
3:15 pm – 3:25 pm	Discussion
	Type III AC Joint Injuries
3:25 pm – 3:37 pm	Management Debate

3:25 pm – 3:31 pm	Non-Operative Management Is Preferable <i>Emil Schemitsch, MD</i>	4:30 pm – 5:00 pm	Syndesmotoc Injuries
3:31 pm – 3:37 pm	Surgery Provides Better Results <i>W. Ben Kibler, MD</i>		Moderators: Steven Olson, MD and Brian Busconi, MD
3:37 pm – 3:40 pm	My Top 3 Technical Pearls for Repair/ Reconstruction <i>Neal S. ElAttrache, MD</i>	4:30 pm – 4:36 pm	Surgical Indications: Have they Changed? <i>Richard Buckley, MD</i>
3:40 pm – 3:50 pm	Discussion	4:36 pm – 4:48 pm	Management Debate:
3:50 pm – 4:30 pm	Complex Knee Dislocations	4:36 pm – 4:42 pm	Rigid Fixation is the Gold Standard: <i>Kyle F. Dickson, MD</i>
	Moderators: James Stannard, MD; Michael J. Stuart, MD	4:42 pm – 4:48 pm	Semi-Rigid Fixation is the New Gold Standard <i>Ned Amendola, MD</i>
3:50 pm – 3:56 pm	Evaluation and Acute Treatment: Key Factors <i>Gregory C. Fanelli, MD</i>	4:48 pm – 4:54 pm	My Top 3 Technical Pearls:
3:56 pm – 4:02 pm	Fracture-Dislocations: Is the Management Different <i>Daniel B. Whelan, MD</i>	4:48 pm – 4:51 pm	Rigid Fixation <i>Steven Benirschke, MD</i>
4:02 pm – 4:14 pm	Management Debate:	4:51 pm – 4:54 pm	Semi-Rigid Fixation <i>Thomas O. Clanton, MD</i>
4:02 pm – 4:08 pm	Early Open Surgery Provides Better Results <i>William Obremskey, MD</i>	4:54 pm – 5:00 pm	Discussion
4:08 pm – 4:14 pm	Delayed Arthroscopic Surgery Is the Best Option <i>Bruce Levy, MD</i>		Conclusion
4:14 pm – 4:20 pm	My Top 3 Technical Pearls:	5:00 pm	Closing Remarks <i>Theodore Miclau, III, MD, OTA President</i> <i>Kurt P. Spindler, MD, AOSSM</i>
4:14 pm – 4:17 pm	Early Open Surgery <i>William Harvin, MD</i>		
4:17 pm – 4:20 pm	Delayed Arthroscopic Surgery <i>Robert Marx, MD</i>		
4:20 pm – 4:30 pm	Discussion		