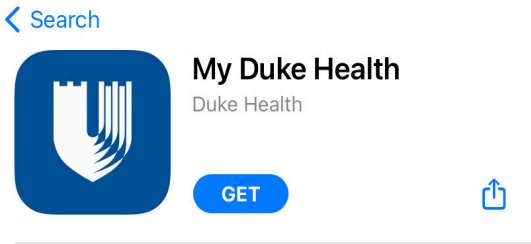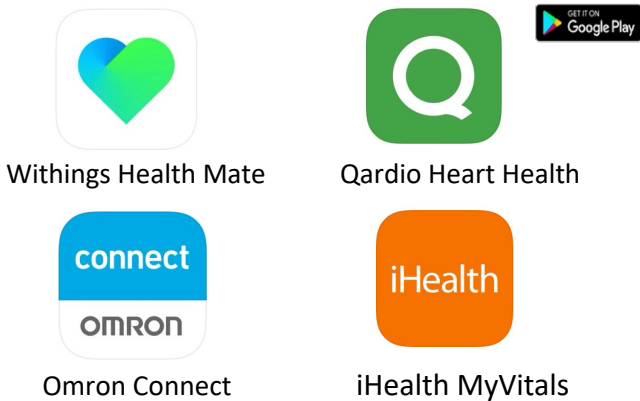# Getting Started with Remote Patient Monitoring

Please note that measurements will only be monitored by Duke clinical staff during the hours of business operation. Your measurements will not be monitored after-hours or on weekends. If you have a medical emergency at any point during the time on this program or if you have immediate concerns, please seek medical care right away or call 911.

1. Download the My Duke Health app from your mobile device's app store.

< Search

My Duke Health
Duke Health

GET

2. Download the device app from your mobile app store.*

Example:

Download on the App Store

GET IT ON Google Play

Withings Health Mate

Qardio Heart Health
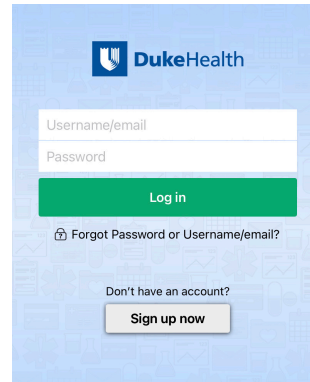
connect OMRON
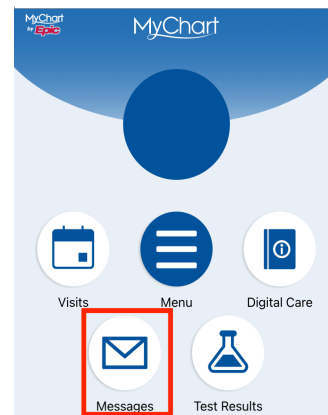
iHealth

Omron Connect

iHealth MyVitals

*The quick start guide found in the device packaging will provide the name of the app needed.

3. Follow the Quick Start Guide included in the health device packaging for setup.

4. Log in to your MyChart account on the My Duke Health app.

DukeHealth

Username/email
Password

Log in

🔒 Forgot Password or Username/email?

Don't have an account?
Sign up now

5. Follow the link found in your MyChart messages to complete setup.

MyChart
by Epic

MyChart

Visits   Menu   Digital Care

Messages   Test Results

6. Take your first measurement(s) and check your mobile device to ensure reading(s) are seen in the device vendor app.

DukeHealth