SGLT-2 Inhibitors – Handout for patients

- Stop the medicine if you have signs and symptoms of an allergic reaction such as hives, itching, rash, throat swelling or difficulty in breathing

- You will notice an increase in urine output
  - You may notice an increase in your urine output after starting this medication

- Your Blood Pressure may decrease
  - Monitor your blood pressure at home as your blood pressure may decrease after starting this medicine
  - Inform your doctor if your blood pressure is too low, or if you experience light-headedness or dizziness

- Follow the ‘Sick Day Rule’
  - On days that you are feeling sick, for example you have fever, infection, poor appetite, nausea, vomiting or diarrhea then hold this medicine. You can resume the medicine once you start feeling better
  - If you continue to feel sick, then please go to the ER as you may need to have blood tests done

- Stop the medication 1-2 days before any scheduled surgery that requires you to be NPO (meaning you are instructed to not eat or drink anything for several hours before your surgery)

- Avoid Keto diet

- Monitor your blood glucose level as insulin requirements may decrease w/ use of SGLT2i

- Wound on your feet or legs
  - If you notice a wound, ulcer or skin breakdown on your feet or legs, then hold the medicine and inform your doctor

- Burning or pain on urination
  - If you experience pain or burning on urination, then inform your doctor as you may need antibiotics

- Redness or itching in the genital area, or foul smelling vaginal or penile discharge
  - Keep the genital area clean
  - If you notice redness or itching in the genital area, or have foul-smelling vaginal or penile discharge, then inform your doctor. You may need a cream or oral medication to treat an underlying infection