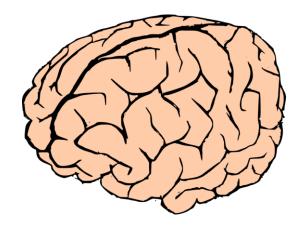
Nutrition and the Brain





Instructions: Use this handout to follow along with the Power Point exploring how nutrition effects the brain. Fill in each section with complete sentences and thoughts. Be sure to discuss your ideas with your partner or group and write down a concise explanation of your discussion for each section/slide below.

nutrition's effect effect? What phy	le 2: Discuss with your partner or group what you already know about food or ect on the human body. Can what you eat have a negative effect or a positive physiological effects can proper or poor nutrition have on a human? Can it have you may not see? Write down your thoughts and discussions below.				

Sect	ion 2/Slide 4:
Be s belo	ure to apply what you have learned about the brain and human body to your written answers w.
	y the images with your group or partner then write down your thoughts on what your group as is happening in these images?
Wha	at are the differences and similarities you see in the images?
Wha	at could be the repercussions of what you see in the images be on a human?
Do y	you think these images show a positive or negative overall effect?

NOTES As you explore the effects of alcohol on the brain write down some key points, take-aways and/or take notes on what you have learned.