

## Blushing Propensity Scale

(Leary & Meadows, 1991)

Indicate how often you feel yourself blush in each of the following situations using the scale below:

- 1 = I NEVER feel myself blush in this situation.
- 2 = I RARELY feel myself blush in this situation.
- 3 = I OCCASIONALLY feel myself blush in this situation.
- 4 = I OFTEN feel myself blush in this situation.
- 5 = I ALWAYS feel myself blush in this situation.

- \_\_\_ 1. When a teacher calls on me in class
- \_\_\_ 2. When talking to someone about a personal topic
- \_\_\_ 3. When I'm embarrassed
- \_\_\_ 4. When I'm introduced to someone I don't know
- \_\_\_ 5. When I've been caught doing something improper or shameful
- \_\_\_ 6. When I'm the center of attention
- \_\_\_ 7. When a group of people sings "Happy Birthday" to me
- \_\_\_ 8. When I'm around someone I want to impress
- \_\_\_ 9. When talking to a teacher or boss
- \_\_\_ 10. When speaking in front of a group of people
- \_\_\_ 11. When someone looks me right in the eye
- \_\_\_ 12. When someone pays me a compliment
- \_\_\_ 13. When I've looked stupid or incompetent in front of others
- \_\_\_ 14. When I'm talking to a member of the other sex