



No one should face Alzheimer's alone. Available in-person, on-demand, or as a live webinar, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

IN-PERSON

10 Warning Signs of Dementia

May 3 | 6:00-7:00 PM (Statesville)

Understanding Alzheimer's and Dementia

May 3 | 6:00-7:00 PM (Matthews)

Healthy Living for Your Brain & Body

May 4 | 2:00-3:00 PM (Reidsville)

May 30 | 10:00-11:00 AM (Kings Mountain)

Understanding & Responding to Dementia-Related Behavior

May 15 | 6:00-7:00 PM (Matthews)

Managing Money:

A Caregiver's Guide to Finances

May 16 | NOON-2:00 PM (West End)

LIVE WEBINARS

Dementia Conversations:

Driving, Doctor Visits, Legal & Financial

May 4 | 10:00-11:00 AM

The Confident Caregiver: Part One

May 11 | 6:00-7:00 PM

Thrive with Pride:

Aging Solo

May 16 | 6:30-7:30 PM

ON-DEMAND

Recording *Ask the Expert: Meaningful Activities*
for those Living with Dementia

TO REGISTER:

800.272.3900 | act.alz.org/NCmonthlyprograms