

Duke Population Health Management Office

Benjamin Smith, PharmD, BCACP, CPP, BCGP Pharmacy Manager, Population Health





Shift to Value-based Care

Financial Responsibility is Shifting

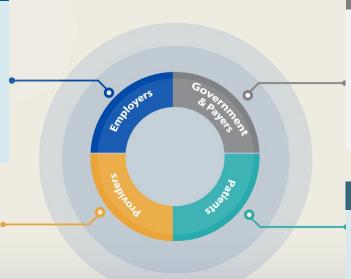


Employers

- Not absorbing cost increases
- Exchanges may accelerate decline in employersponsored insurance (fixed contribution vs fixed benefits)

Providers

- Higher patient cost sharemore bad debt
- Undertaking cost reduction initiatives
- Need to be prepared to take on risk



Government & Commercial Payers

- Overall reimbursement, other support decreasing
- Commercial payers competing on cost
- Government payers shifting risk to providers

Patients

- Costs shifting to consumers (HDHPs, tiering)
- Selecting lower premium with higher OOP costs (e.g., exchange Bronze plans)



Duke Population Health Management Office (PHMO)

Mission & Vision



Mission

Partner with **patients**, **providers**, **payers** & **communities** to measurably improve health outcomes through results-driven **care management**, evidence-based **practice support** & actionable **data** & **analytics**.

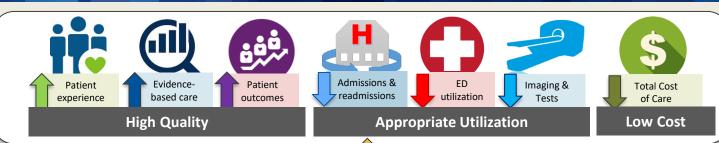
Vision

Connected patients, empowered providers, healthy communities.

How **Duke PHMO Supports Better Outcomes**



Desired
Outcomes
("Value")



Stakeholders



Duke PHMO



Value-based **Networks**

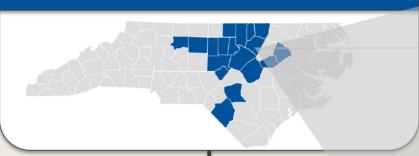
Patient Care Support

Practice Support

Duke Connected Profile and Participants



Duke Connected Care



Medicare (MSSP)



Cigna (CAC)





18,000 lives

Duke Connected Care (DCC) is a Track 3
Medicare Shared Savings Program Accountable
Care Organization (ACO)* and FTC/DOJapproved Clinically Integrated Network (CIN).

*Qualifying APM under MACRA

DukeHealth participants

- All 40 Duke Primary Care locations
- All 100 Duke Specialty Clinic locations
- All 3 Duke Hospitals

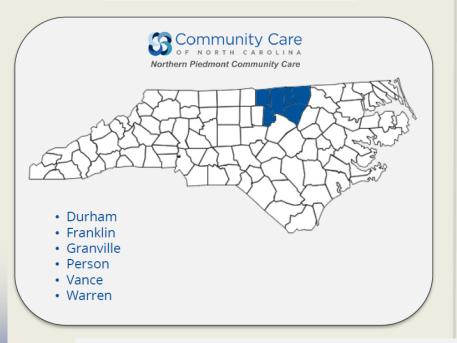
Independent community participants

- Duke LifePoint Maria Parham Medical Center, LLC (Vance)
- Duke LifePoint Maria Parham Physician Practices, LLC (Vance)
- Duke LifePoint Wilson Physician Practices, LLC (Wilson)
- Allmed Clinic (Wake)
- Beckford Avenue Medical Center, PA (Vance)
- Carolina Family Health Centers, Inc. (Wilson, Nash & Edgecomb)
- · Lincoln Community Health Center, Inc. (Durham)
- · North State Medical Center (Person)
- Primary Medical Care (Wake)
- Roxboro Internal Medicine & Pediatrics, PA (Person)
- Roxboro Medical Associates, PA (Person)
- Sundar Internal Medicine Associates, PA (Vance)
- Triangle Community Physicians, PA (Durham)
- Vance Family Medicine, PA (Vance)
- William B. Olds, MD, PA (Person)

Medicaid Transformation



Pre-transformation



Post-transformation



Our new Medicaid service area includes **our entire six-county NPCC region plus 8 additional counties**—extending the potential reach of our services!

Patient Care Support





DukeWELL provides ambulatory care services across the continuum of care to <u>eligible patients</u> who get care through Duke Health's value-based arrangements.

The **Resource Center** provides inpatient services—including case management and transitional care support—to <u>any</u> patient who is admitted into Duke Health's three hospitals.



Duke Connected Care: Success in 2017



In 2017, Duke Health's MSSP ACO saved Medicare \$21 million and exceeded evidence based quality standards, earning a \$9.5 million shared savings payment from CMS.

Of MSSP ACOs in NC that earned shared savings,

Duke Connected Care was:

- #1 in total Medicare dollars saved
- #1 in shared savings earned
- #3 in savings rate per beneficiary



Of AHC-based MSSP ACOs that earned shared savings in the US,

Duke Connected Care was:

- #3 in total Medicare dollars saved
- #2 in shared savings earned
- #3 in savings rate per beneficiary



Duke PHMO



Sample Payer Medication-Related Quality Measures

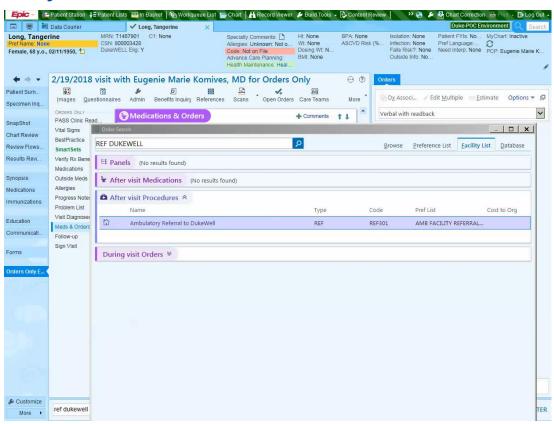


Measures	Measures
Statin Medication Adherence	Rx 90 Day Supply
ACE-I/ARB Medication Adherence	Generic Prescribing Rate
Diabetes Medication Adherence (excludes insulin)	High Risk Medication Use in the Elderly
Statin Use in Patients with Diabetes	Influenza Vaccination
Statin Use in Patients with CVD	Osteoporosis Management for Women
Hypertension Control	Rheumatoid Arthritis Management
Diabetes Control (A1c Control)	

Referring Patients to DukeWELL



Ambulatory Referral to DukeWELL in Maestro Care (Video)

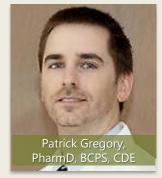


DukeWELL Pharmacy Support



A team of pharmacy professionals dedicated to **improving medication safety and adherence** for complex patients.













pharmacists conduct chart reviews and give providers with advice that improves medication adherence and drug safety for complex patients.

DukeWELL pharmacy techs work with patients directly to obtain medication histories and improve adherence, education and safety.

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DukeWELL Specialty Case Review



Quick answers and advice from **Duke**Health's nationally-renowned specialists at the click of a few buttons.



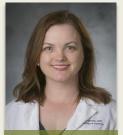
Blake Cameron, MD
Nephrology

- Preparation for kidney failure / dialysis
- Dietary counselingMedication
- management
- · Transplant evaluation



Palliative Care

- Goals of care conversations
- Advanced care planning
- Symptom management
- Psychological services
- · Spiritual support
- Caregiver support
- External services
- Palliative care vs. hospice



Susan Spratt, MD Endocrinology

- Which medicine to add next
- Interpreting glucose logs
- Insulin dose titration
- · Diabetes education
- Diabetes risk reduction



Cary Ward, MD
Cardiology

- Abnormal EKG /
 stress test
- Statin titration
- Cardiovascular risk reduction
- Congestive Heart Failure
- Poorly controlled hypertension management



Geriatrics

- Decline in ADLs
- Polypharmacy
- Sarcopenia, anxiety, anorexia
- · Frequent falls
- · Caregiver stress
- Dementia care



DukeWELL specialty case review gives providers access to specialty advice and input on health issues that could be addressed in the primary care setting.

DukeHealth specialists review patient charts weekly and deliver feedback directly to providers—often faster than the next available appointment!

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DukeWELL Pharmacy Support Services



Home visit support

Pharmacy technician home visit program with PharmD oversight

Serve as education resource for providers and DukeWELL care management team

• E.g., CME, Formulary Notifications/Education, Plan Design Changes for certain payers

Serve as resource for providers and DukeWELL care managers

 Available to conduct medication reviews via chart review, telephonic outreach, or select clinic visits

Utilize data to address medication-related quality measures or gaps in care

• E.g., statin gaps, etc.

Pharmacy technicians address medication access issues

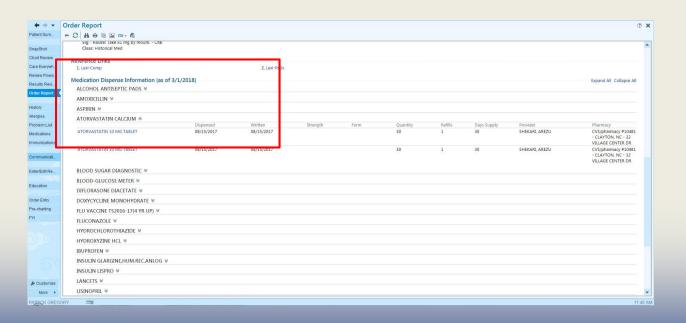
 Evaluate appropriateness of lower-cost medication alternatives, promote care management utilization of community resources



Additional Medication Resources

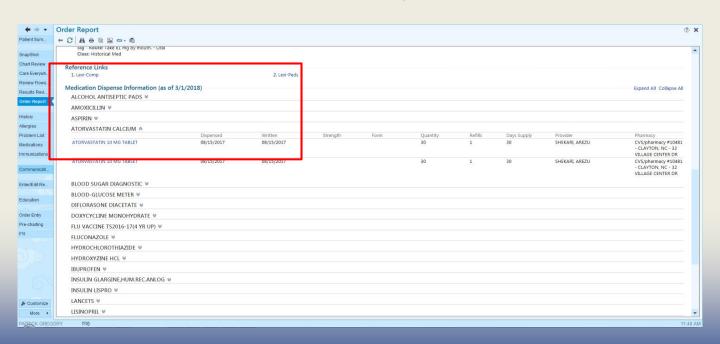


How to access medication dispensed history in Maestro: Within an Encounter



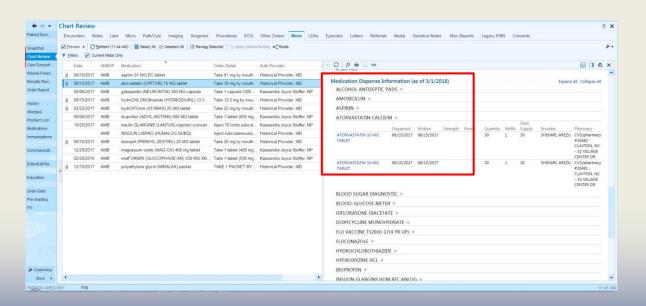


How to access medication dispensed history in Maestro: Medications Activity





How to access medication dispensed history in Maestro: Chart Review



Medication Access Resource Guide



- Resource guide previously disseminated to DPC nursing
- Utilized by DukeWELL pharmacy technicians to assist with medication access issues

Medication Assistance Resources

BEMNAT AGEGENHU, PHARMD CANDIDATE
PATRICK GREGORY, PHARMD, BCPS, CDE
BENJAMIN SMITH, PHARMD, BCACP, CPP, BCGP

Duke PHMO Web-based Pharmacy Resources



- Medicaid Preferred Drug List (PDL) changes frequently
 - Access most recent version via PHMO website (<u>phmo.dukehealth.org/resources/pharmacy</u>)

