Sep 2024

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**ACADEMIC APPOINTMENTS**

**Duke University**, Department of Psychology and Neuroscience, NC, US 09/2024

*Postdoctoral Associate*

**EDUCATION**

**The University of Hong Kong**, Department of Psychology, Hong Kong 09/2021 – 07/2024

*Ph.D. in Social Psychology with Distinction*

Committee: Yuwei Jiang, Ph.D., Lingrui Zhou, Ph.D., Sing-Hang Cheung, Ph.D. and Yu-Te Huang, Ph.D.

**Peking University**, School of Psychological and Cognitive Science, Beijing, China 09/2018 – 07/2021

*M.S. in Social and Cultural Psychology*

**Shanghai University**, Department of Philosophy, Shanghai, China 09/2014 – 07/2018

*B.A. in Philosophy*

**East China Normal University**, School of Psychological and Cognitive Science, Shanghai, China 09/2016 – 07/2018

*B.S. in Psychology (Minor Degree)*

**RESEARCH INTERESTS**

**General Areas:** Behavior science; Social cognition and perception; Social behavior

**Current topics:** Emotion, social interaction, well-being, social crowding, social media, prosocial behaviors, health

**Techniques:** Behavioral experiments, natural language processing, experience sampling, field study, intervention

**Applications:** Consumer behaviors, health behaviors, positive psychology intervention, social media use, urban planning

**PUBLICATIONS**

* **Pan, X.**, Jiang, T., Yuan, W., Hao, C., Yang, B., & Keltner, D. (in press). A Balanced Mind: Awe Fosters Equanimity and Its Implications for Well-Being. *Journal of Personality and Social Psychology.* <https://doi.org/10.1037/pspa0000410>
* **Pan, X.**, & Jiang, T. (2024). A tale of self-transcendence: awe fosters optimism. *The Journal of Positive Psychology*, 1–15. <https://doi.org/10.1080/17439760.2024.2394458>
* **Pan, X.**, & Jiang, T. (2023). Awe fosters global self-continuity: The mediating effect of global processing and narrative. *Emotion, 23*(6), 1618–1632. [https://doi.org/10.1037/emo0001187](https://psycnet.apa.org/doi/10.1037/emo0001187" \t "_blank)
* **Pan, X.**, Hou, Y., & Wang, Q. (2023). Are we braver in cyberspace? Social media anonymity enhances moral courage. *Computers in Human Behavior, 148*, 107880. <https://doi.org/10.1016/j.chb.2023.107880>
* Hou, Y., **Pan, X.**, & Wang, Q. (2022). Remembering online and offline: the effects of retrieval contexts, cues, and intervals on autobiographical memory. *Memory*, *30*(4), 441–449. <https://doi.org/10.1080/09658211.2021.1953078>
* Jiang, T., **Pan, X.**, & Chen, Z. (2024). Empathy Mediates the Relationship between Materialism and Prosocial Tendency: The Moderating Role of Self-Concept Clarity. *Personality and Individual Difference.* (Submitted for Initial Review)

**SELECTED WORKING PAPERS AND WORK IN PROCESS**

* **Pan, X.**, Fu, X., & Jiang, T., A Confronting Challenges with Awe: Awe Activates Approach Coping Through Temporal Distancing. (Manuscript preparing, target for *Emotion*)
* **Pan, X.**, Yin, L., & Chen, Z., Less Human in Herds: Social Crowding Contributes to Dehumanization. (Manuscript preparing, target for *Psychological Science*)
* **Pan, X.**, & Chen, Z., Social crowding enhances competitive orientation. (Manuscript preparing)
* **Pan, X.**, & Chen, Z., Social crowding fuels prejudice. (Data collecting)
* **Pan, X.**, & Chen, Z., Social crowding inhibits self-control and its implication for consumer behavior. (Data collecting)
* **Pan, X.**, & Chen, Z., Awe reduces objectification via humility. (Data collecting)
* **Pan, X.**, & Chen, Z., Humility fosters humor appreciation and its implication for interpersonal liking. (Data collecting)
* **Pan, X.**, & Chen, Z., Humility inhibits undersociality. (Data collecting)
* **Pan, X.**, & Chen, Z., Environmental diversity enriches humanness. (Proposal)

**CONFERENCE PRESENTATIONS**

**Pan, X.**, Jiang, T. Awe Fosters a Balanced Mind, *2021 Society for Personality and Social Psychology Annual Convention (SPSP, 2021)*. Virtual*.*

**Pan, X.**, Chen, Z. Social Crowding Leads to Dehumanization, *2023 Society for Personality and Social Psychology Annual Convention (SPSP, 2023)*, Atlanta, US.

**Pan, X.**, Chen, Z. Social Crowding Fuels Moral Superiority: Implications for Selective Exposure to Information, *2024 Society for Personality and Social Psychology Annual Convention (SPSP, 2024),* San Deigo, US.

**SELECTED GRANT**

**Grant in the Role of a Co-Investigator**

HKU Seed Fund for Basic Research. *Effects of awe on objectification and aggression: Humility as a mechanism* (PI: Dr. Z. Chen; Co-I: Ms. **X. Pan**; 01-07-2022 to 30-06-2024; HK$61,500; ref. no. 201910159277).

* **Duties included**: Conceptualization, experimental design, data collection & analysis, and manuscript writing.

**Grant in the Role of a Project Coordinator**

John Templeton Foundation. *Getting at the heart of cross-cultural differences in generosity: Explaining how individual, contextual, and cultural factors shape prosocial behavior* (PI: Dr. Zhansheng Chen; 01-01-2018 to 30-9-2020; amount: US$210,804; ref. no. 60953)

* **Duties included:** Experimental design, data collection & analysis.

Hong Kong Research Grant Committee’s General Research Fund (GRF). *Mind deprivation, instrumentality, and crowdedness: Social crowding contributes to objectification* (PI: Dr. Zhansheng Chen; 01-01-2021 to 31-12-2023; HK$640,000; ref. no. 17619720)

* **Duties included:** Conceptualization, Experimental design, data collection & analysis, and manuscript writing.

**PROFESSIONAL ACTIVITIES AND SERVICE**

Ad-Hoc Reviewer | Journal of Personality and Social Psychology, Computer in Human Behavior, Personality and Individual Differences

**SELECTED AWARDS & HONORS**

* HKU Foundation Excellent PhD Award 2024
* Graduate Research Publication Award, The University of Hong Kong 2023
* Summer Institution in Social and Personality Psychology Fellow (SISPP), SPSP 2023
* Graduate School Scholarship for Academic Excellence, Peking University 2020
* National Scholarship for Outstanding Student, Ministry of Education of PRC 2016 – 2018

**ACADEMIC EXPERIENCE**

**Graduate Researcher**  09/2021 – Present

Supervisor: Zhansheng Chen, Department of Psychology, The University of Hong Kong, Hong Kong

**Project: The Psychological Impact of Social Crowding**

* Project Goal: We investigate the psychological and behavioral consequences of social crowding.
* Methodology involved: Natural language processing, field study, experimental moderation design, etc.
* Preliminary Findings: Social crowding leads to dehumanization, increases aggression, and decreases prosociality.
* Duties included: Conceptualization, leading the project, experimental design, data analysis, and manuscript writing.

**Project: The Psychological Benefits of Humility**

* Project Goal: We propose a four-process model of humility and explore the psychological benefits of humility.
* Hypothesis: Humility fosters the sense of humor (i.e., humor appreciation, humor production, and humor sharing) by increasing benign appraisal, and has implications on interpersonal liking.
* Preliminary Findings: Humility is positively associated with and predicts humor appreciation.
* Duties included: Conceptualization, leading the project, experimental design, data analysis, and manuscript writing.

**Research Assistant**  03/2020 – Present

Supervisor: Tonglin Jiang, School of Psychological and Cognitive Sciences, Peking University, Beijing

**Project: Awe Fosters a Balanced Mind**

* Project Goal: We suggest a new perspective to understand the psychological benefits of awe.
* Hypothesis: Awe fosters equanimity via temporal distancing and its implications for well-being.
* Methodology involved: Intervention, experience sampling method, EEG, cross-cultural research, text analysis.
* Duties included: Conceptualization, leading the project, experimental design, data analysis, and manuscript writing.

**Graduate Researcher** 09/2018 – 07/2021

Supervisor: Qi Wang, Department of Human Development, Cornell University, Ithaca, New York

Yubo Hou, School of Psychological and Cognitive Sciences, Peking University, Beijing

**Project: The Effect of Retrieval Contexts and Cues on Autobiographical Memory**

* Project Goal: Explore the impact of retrieving context on the accuracy of autobiographical memories.
* Hypothesis: Memories retrieved online are more accurate and more fixed over time than those retrieved offline.
* Duties included: Leading the project, experimental design, data analysis, and manuscript writing.

**OTHER EXPERIENCES**

**Teaching Assistant** (Department of Psychology, The University of Hong Kong, Hong Kong)

* Fundamentals of Social Psychology (PSYC 2020A) Fall 2022
* Fundamentals of Social Psychology (PSYC 2020B) Spring 2023

**Intern** (Leadership APP Development Project, Tencent, Beijing)05/2019 – 11/2019

* Summarized the iceberg model of leadership among Chinese leaders based on semi-structured interviews with 10 CEOs of the Internet industry and developed psychological scales of leadership, personality, and emotional intelligence.
* Constructed percentile norm based on 4000 samples from local Internet companies.
* Successfully launched the APP with more than 50,000 users by far.

**REFERENCES**

**Cristina E. Salvador**

*Assistant Professor of Psychology and Neuroscience*

*Associated Editor of the Journal of Personality and Social Psychology*

Duke University

Department of Psychology and Neuroscience

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**Qi Wang**

*Joan K. and Irwin M. Jacobs Professor of Human Development*

*Editor-in-Chief of the Journal of Applied Research in Memory and Cognition*

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