



Given the overwhelming response to our on-site 5-day Duke University spirituality and health research workshop held in Durham, North Carolina, we have decided to offer a 1-day online spirituality and health research workshop via Zoom that researchers from anywhere in the world can attend. We will be holding this 8-hour workshop on **Saturday, December 6, 2025.**

This workshop is designed for healthcare professionals (physicians, nurses, social workers, rehabilitation therapists, etc.), mental health professionals (counselors, psychologists, psychiatrists, pastoral counselors), chaplains (healthcare and military), community clergy, students of every type (high school, undergraduate, graduate, etc.), and anyone else interested in designing, conducting, and publishing research on religion, spirituality and health, or other research topics as well.

1-day online Religion, Spirituality and Health Research Workshop Schedule (Dec 6)

8:45-9:00	Introduction and review of schedule
9:00-9:15	Definitions (religion, spirituality, secular humanism)
9:15-9:30	Sources of information on religion, spirituality and health (RSH)
9:30-9:45	Research designs (cross-sectional, longitudinal, clinical trials, qualitative)
9:45-10:15	Review of research on RSH and mental health
10:15-10:30	Q & A
10:30-11:00	Review of research on RSH and physical health
11:00-11:15	Mechanisms - why and how
11:15-11:45	Highest priority studies for future research
11:45-12:00	Q & A
12:00-1:00	Lunch break
1:00-1:30	Measures of religiosity and spirituality
1:30-1:45	Q & A
1:45-2:15	Where to obtain funding for RSH research
2:15-2:45	Managing a research project
2:45-3:15	Q & A and Break
3:15-4:15	Writing a research paper and getting it published
4:15-4:45	Career development
4:45-5:00	Final Q & A
5:00	Adjourn

Faculty

Harold G. Koenig, M.D.

<https://spiritualityandhealth.duke.edu/index.php/harold-g-koenig-m-d/>

Location

Online: via Zoom (link to be sent when registration and tuition received)

Cost for Online (Dec 6)

\$249 (includes PDF of PowerPoint presentation and certificate of attendance if desired)

Cost for Individual Online Mentorship (time to be arranged)

\$100 (30-minute session with Dr. Koenig via Zoom)

Registration

- Write check out to: "Duke University, Department of Psychiatry"
- Send to:

CSTH

415 Clarion Drive

Durham, NC 27705

- Provide email address where receipt can be sent
- To wire tuition funds, email Dr. Koenig for instructions. However, please avoid wiring funds whenever possible (wired funds are almost always lost in the huge Duke University accounting system). Even if you are from a country outside of USA, simply send a check or money order from a major bank in your country to the address above.

Questions

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Please forward this PDF to anyone you think might be interested.