

Given the growing interest in the topic of "Moral Injury" (the internal emotional turmoil experienced as a result of transgressing moral values, which initially received attention in active-duty military and veterans following combat operations, but now has expanded to include first responders, healthcare professionals, and others exposed to severe trauma), we will be holding a **full-day online workshop on Moral Injury via Zoom** on **Saturday, February 15, 2025**.

This workshop is designed for chaplains (healthcare and military), healthcare professionals (physicians, nurses, social workers, rehabilitation therapists, etc.), community clergy, mental health professionals (counselors, psychologists, pastoral counselors), students of every type (high school, undergraduate, graduate, etc.), and anyone else interested in the topic of moral injury, the distressing emotions associated with it, and the devastating consequences that can result. Please forward this PDF to anyone you think might be interested.

# 1-day online Moral Injury Workshop Schedule (Feb 15)

| 8:45-9:00   | Introduction   |
|-------------|--|
| 9:00-9:30   | Definition of Moral Injury   |
| 9:30-9:45   | PTSD and overlap with MI   |
| 9:45-10:00  | Identifying MI   |
| 10:00-10:15 | Q & A  |
| 10:15-10:30 | Break  |
| 10:30-11:00 | Prevalence and causes of MI  |
| 11:00-11:30 | Consequences of MI (vs. comorbidity)                               |
| 11:30-11:45 | Suicide from MI  |
| 11:45-12:00 | Q & A  |
| 12:00-1:00  | Lunch break  |
| 1:00-1:30   | Protective factors   |
| 1:30-1:45   | Prevention of MI   |
| 1:45-2:00   | Q & A  |
| 2:00-2:15   | Person-centered treatment of MI                                    |
| 2:15-2:45   | Secular treatments for the non-religious                           |
| 2:45-3:00   | Q & A  |
| 3:00-3:15   | Break  |
| 3:15-3:30   | Spiritually-integrated cognitive processing therapy (SICPT) for MI |
| 3:30-4:00   | Chaplain interventions for MI (Building Spiritual Strengths, PND)  |

4:00-4:45 Structured chaplain interventions (Christian, Jewish, Muslim,

Buddhist, Hindu)

4:45-5:00 Q & A 5:00 Adjourn

### **Faculty**

Harold G. Koenig, M.D.

https://spiritualityandhealth.duke.edu/index.php/harold-g-koenig-m-d/

#### Location

Online: via Zoom (link to be sent when registration and tuition received)

## **Cost for Online (Feb 15)**

\$199 per person (includes PDF of PowerPoint presentation, if desired)

### Registration

- Write check out to: "Duke University, Department of Psychiatry"
- Send to:

CSTH 415 Clarion Drive Durham, NC 27705

- Provide email address where receipt can be sent
- To wire tuition funds, email Dr. Koenig for instructions (check is preferred)

### **Questions**

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