



Given the overwhelming response to our on-site 5-day Duke University spirituality and health research workshop held in Durham, North Carolina, we have decided to offer a 1-day online spirituality and health research workshop via Zoom that researchers from anywhere in the world can attend. We will be holding this 8-hour workshop on **Saturday, December 14, 2024.**

This workshop is designed for healthcare professionals (physicians, nurses, social workers, rehabilitation therapists, etc.), mental health professionals (counselors, psychologists, psychiatrists, pastoral counselors), chaplains (healthcare and military), community clergy, students of every type (high school, undergraduate, graduate, etc.), and anyone else interested in designing, conducting, and publishing research on religion, spirituality and health, or other research topics as well.

### **1-day online Religion, Spirituality and Health Research Workshop Schedule (Dec 14)**

8:45-9:00	Introduction and review of schedule
9:00-9:15	Definitions (religion, spirituality, secular humanism)
9:15-9:30	Sources of information on religion, spirituality and health (RSH)
9:30-9:45	Research designs (cross-sectional, longitudinal, clinical trials, qualitative)
9:45-10:15	Review of research on RSH and mental health
10:15-10:30	Q & A
10:30-11:00	Review of research on RSH and physical health
11:00-11:15	Mechanisms - why and how
11:15-11:45	Highest priority studies for future research
11:45-12:00	Q & A
12:00-1:00	Lunch break
1:00-1:30	Measures of religiosity and spirituality
1:30-1:45	Q & A
1:45-2:15	Where to obtain funding for RSH research
2:15-2:45	Managing a research project
2:45-3:15	Q & A and Break
3:15-4:15	Writing a research paper and getting it published
4:15-4:45	Career development
4:45-5:00	Final Q & A
5:00	Adjourn

## **Faculty**

Harold G. Koenig, M.D.

<https://spiritualityandhealth.duke.edu/index.php/harold-g-koenig-m-d/>

## **Location**

Online: via Zoom (link to be sent when registration and tuition received)

## **Cost for Online (Dec 14)**

\$249 (includes PDF of PowerPoint presentation and certificate of attendance if desired)

## **Cost for Individual Online Mentorship (time to be arranged)**

\$150 (45 minute session with Dr. Koenig via Zoom)

## **Registration**

- Write check out to: "Duke University, Department of Psychiatry"
- Send to:

**CSTH**

**415 Clarion Drive**

**Durham, NC 27705**

- Provide email address where receipt can be sent
- To wire tuition funds, email Dr. Koenig for instructions (check is preferred)

## **Questions**

[Harold.Koenig@duke.edu](mailto:Harold.Koenig@duke.edu)

**Please forward this PDF to anyone you think might be interested.**