



## What Do You Hear?

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1. Have students sit/stand comfortably and turn their attention to the sounds around them by closing their eyes (or softly gazing down), and listening for 10 seconds.
2. Ask students what they heard. Then ask the follow-up questions below.
3. Repeat. Increase the listening time and ask for observations after each round.



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- What did you hear/observe?
- Did you hear more during the second round?
- What was the easiest/hardest part of the activity?