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I strongly believe that I can help the environment.  I will help the environment in three ways. I will prevent microplastics from entering the food chain, I will pick up the litter I see around town, and I will reuse and recycle.  The marine debris lab is where they talk and help the environment. How would you help the animals? We don't want animals to get sick. Another reason is that we don't want the animals to suffer to death.  We talked a lot at the marine debris lab about, why we need to clean up our beach so animals don't get sick.

First I believe that I can help the environment by reducing microplastics.  The Duke marine debris lab talked about the sea creatures under the ocean surface.  This is when we went on the boat to Bird Shoal to clean up the beach. While we were there we talked about  keeping plastic away from the ocean and why you would clean up the beach. One reason is if there's little microscopic pieces of plastic on the beach when the tide comes up it could wash the pieces of plastic in the water and the fish or shrimp will see it and eat it.  We dont want fish and other sea creatures to eat the plastic because they absorb the toxins in the plastic. Then birds eat the fish that have eaten the little pieces of plastic. The fish have eaten other little sea creatures like shrimp that have eaten plastic also. Eventually we can eat the the fish that have eaten microplastics.  This is why we need to spread the word so that people can be more aware about keeping plastic away from the ocean.

Furthermore, I strongly believe that I can help the environment by picking up trash.  When we were at Bird Shoal we also talked about how we prevent the beach from getting dirty or unclean.  I think cleaning up the beach is fun and helpful because you help animals so they don't die. One solution is by throwing away my trash when I am done with it.  If I see a big tire on the beach I can report it to the local marine lab. One more solution is I could go on the beach once in awhile with a stick that is made for cleaning up the trash on the beach.  This is why we should clean up our beach and help the environment.

Finally, I believe I can help the environment by recycling and composting.  At the marine debris lab we talked about trash, compost, and recycling. One solution is we need to  recycle and compost more. Trash just goes to the dump and if it’s in a big pile the wind could blow some of the trash in the drains on the street and it goes on a little ride to the ocean.  Then the fish eat it. This is why we need to use the recycling and the compost more often because the recycling you recycle, and the compost it just byodegrades away the fruit or banana peel.  This is why we need to use the compost and recycling.

This is what I learned at the marine debris lab.  I can help the beach by spreading the word to other people.  How would you help the environment and the beach like me and the marine debris lab?  I strongly believe that I can help the environment. I will pick up trash and litter on the beach or around town and I will reuse and recycle.