

A Mentor's Guide to *What Comes Next*

This guide provides direction for mentors who want to use the What Comes Next podcast as a resource and conversation starter. The following recommendations can be tailored as needed to best suit you and your partner. You can find the podcast here:

<https://sites.duke.edu/citizenshiplab/podcasts/>

I. *Review* the episode descriptions. Select and listen to an episode that could fit your partner's interests **before** having your partner listen to it. As you listen, note important points that could be relevant to your partner and consider these questions:

1. What can my partner learn from this episode?
2. How does the interviewee approach education, work, and/or life differently than my partner does?
3. What strategies have enabled the interviewee to find success?
4. What are the challenges the interviewee is facing? What can we learn from how the interviewee is addressing them?

II. *Introduce* the episode to your partner, and explain why it is worth a listen. Ask your partner to listen for the next Lab session. Provide a 1-3 themes for your partner to pay attention to, possibly those you noted in **I**.

III. At the next session, *discuss* the episode. You can use the following headings to guide the conversation and bring up some or all of the accompanying questions:

1. The interviewee's experiences
 - a. What did you find most interesting in the episode? (Why?)
 - b. What were some key decisions the interviewee had to make?
 - c. What challenges face(d) the interviewee? How does he/she address them?
 - d. What strategies have enabled the interviewee to find success?
2. Thinking about what comes next
 - a. How do your views on the future (college, careers, life, etc) compare with the interviewee's?
 - b. Did this episode challenge how you think about something?
3. Taking action
 - a. What resources and opportunities mentioned could be useful to you?
 - b. Given what you've learned, what are some actions you can take?
4. Other ideas you come up with...