“Perioperative Resilience and Its Implications for Managing Surgical and Critically Ill Older Adults"

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DATE: Wednesday, March 14th
TIME: 7 – 8 a.m.  LOCATION: DN 2001

Resilience is defined as the dynamic ability to recover appropriate function in response to a physical stressor, such as surgery, trauma, or critical illness. I will overview the current evidence underlying the emerging construct of perioperative resilience, its age-related changes, and key molecular drivers, including lessons learned from hibernating mammals.

Learning Objectives:
At the conclusion of this activity, participants should be able:

- Define the emerging concept of physical resilience and its relevance to perioperative medicine
- Describe specific metabolic and immune potential drivers of resilience, including adaptations evolved by hibernating animals to cope with extreme environmental stressors
- Summarize current status of translating this body of knowledge to the care of surgical, acutely ill and injured patients – describing potential resilience interventions.

Summary of Faculty Disclosure/Planning Committee
The following planning committee members have indicated they have no relationship(s) with industry to disclose relative to the content of this CME activity Mark Stafford Smith MD and Mihai Podgoreanu, MD, FASE.

Joint Accreditation Statement

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