# Patty Van Cappellen, Ph.D.

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# ACADEMIC APPOINTMENTS

2021-Present	Assistant Research Professor in the Social Science Research
	Institute and in the Department of Psychology and
	Neuroscience, Duke University, USA
Oct 2017- Present	Director of the Interdisciplinary Behavioral Research Center,
	Duke University, USA.
Sept 2016 – 2017	Associate Director of the Interdisciplinary Behavioral Research
1	Center, Duke University, USA.
Nov 2016 – 2020	Adjunct Research Assistant Professor in Psychology and
1107 2010 - 2020	Neuroscience, University of North Carolina at Chapel Hill,
	USA.
May 2015 – Aug 2016	Research Assistant Professor in Psychology and Neuroscience,
	University of North Carolina at Chapel Hill, USA.
Feb 2012 – May 2015	Postdoctoral fellow at University of North Carolina at Chapel
	Hill, USA, with Prof. B. Fredrickson.
EDUCATION	
2014	Master in Biblical Studies, UCLouvain, Belgium. Magna cum
	Laude (high honors). "The emotion of yr' in a selection of texts
	from the Old Testament." (Director: André Wénin).
2012	Dh. D. in Davish alony, Amar of Copiel Davish alony, LICL avvois
2012	<b>Ph.D.</b> in Psychology, Area of Social Psychology, UCLouvain, Belgium. Suma cum laude (highest honors). "The impact of
	positive emotions on religion and spirituality: A psychological
	and biblical study." (Directors: Vassilis Saroglou & André
	Wénin).
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2008	Master in Psychology, UCLouvain, Belgium. Magna cum Laude (high honors).		
2007	Certificate in Biblical Studies, UCLouvain, Belgium.		
2006	<b>Bachelor</b> in Psychology, UCLouvain, Belgium. Magna cum Laude (high honors).		
AWARDS and FELLOWSHIPS			
2019	Margaret Gorman Early Career Award from the American Psychological Association, Division 36 Religion and Spirituality (awarded once a year to one individual whose innovative research in the psychology of religion is marked by scholarly excellence and has implications for theory, practice or further research).		
2017	Early Career Award from the International Association for the Psychology of Religion (awarded once every two years to one individual for outstanding quality of research; \$1,000).		
2017	Outstanding Researcher status, U.S. Department of Homeland Security		
May 2014 - 2016	Positive Psychology Science Fund Award to support research entitled: "Pride, seventh sin or religion booster?"; \$1,130.		
Feb - July 2012	FSR travel award for postdoctoral research, UCLouvain, Belgium; 4,050 Euros.		
May - July 2012	Travel award from the National Fund for Scientific Research, Belgium; 2,500 Euros.		
Feb - April 2012	Excellence travel award from Wallonie-Bruxelles-International (Belgium); 1,300 Euros / month (3 months).		
Oct 2008 - 2012	Doctoral Fellowship from the National Fund for Scientific Research, Belgium. Duration: 4 years.		
GRANTS (* indicates currently active)			
*Oct 2021 – Sept 2023	Principal Investigator on "A psychological exploration into factors reducing bias in helping behaviors among religious people" funded by the Issachar Fund (\$50,000).		
*Sept 2020 – August 2022	Principal Investigator on "On thanksgiving: How gratitude to god is demonstrated, with consequences for the grateful person and witnesses" funded by the John Templeton Foundation (with Sara Algoe, Co-I, \$249,999).		
Jan 2018 –August 2020	Co-Principal Investigator on "Embodiment in worship across religious contexts" (with Dimitris Xygalatas and Eva Kundtová Klocová; \$14,505).		

Jan 2018 – August 2020	Co-Principal Investigator on "Subjective reasons for belief and non-belief" (with Kristin Laurin, Will Gervais, and Brett Mercier; \$14,675).
*Aug 2017 - 2021	Principal Investigator on "The embodiment of worship: Relations among postural, psychological, and physiological aspects of religious practice" funded by the John Templeton Foundation (\$554,790).
May 2013 - Mar 2017	Co-Investigator on "Nonconscious affective and physiological mediators of behavioral decision making" funded by the National Center for Complementary and Integrative Health (R01AT007884; PI Barbara Fredrickson; \$1,350,350).
Aug 2012 - May 2017	Co-investigator on "Promoting cancer-related behavior change through positive emotions" funded by the National Cancer Institute (R01CA170128; PI Barbara Fredrickson; \$2,336,131).

# **PUBLICATIONS**

# **Articles in Peer-Reviewed Journals** (published or in press)

Naclerio, M., & <u>Van Cappellen, P.</u> (in press). Awe, group cohesion, and religious self-sacrifice. *International Journal for the Psychology of Religion*.

Barczak-Scarboro, N. E., <u>Van Cappellen, P.,</u> & Fredrickson B.L. (in press). For whom do meditation interventions improve mental health symptoms? Looking at the roles of psychological and biological resources over time. *Mindfulness*.

Van Cappellen, P., & Edwards, M. (in press). Emotion expression in context: Full body postures of Christian prayer orientations compared to specific emotions. *Journal of Nonverbal Behavior*.

Don, B., P., <u>Van Cappellen, P.</u>, & Fredrickson, B. L. (in press). Understanding engagement in and affective experiences during physical activity: The role of meditation interventions. *Psychosomatic Medicine*.

Van Cappellen, P., Cassidy, S., & Zhang, R. (in press). Religion as an embodied practice: Organizing the various forms and documenting the meanings of Christian prayer postures. *Psychology of Religion and Spirituality*.

Van Cappellen, P., Edwards, M., & Fredrickson, B. L. (2021). Upward spirals of positive emotions and religious behaviors. *Current Opinion in Psychology*, 40, 92-98. <a href="https://doi.org/10.1016/j.copsyc.2020.09.004">https://doi.org/10.1016/j.copsyc.2020.09.004</a>

Galdiolo, S., Gaugue, J., Mikolajczak, M., & <u>Van Cappellen, P.</u> (in press). Development of trait emotional intelligence in response to childbirth: A longitudinal couple perspective. *Frontiers in Psychiatry*.

Fredrickson, B. L., Arizmendi, C., & <u>Van Cappellen, P.</u> (2021). Same-day, crossday, and upward spiral relations between positive affect and positive health behaviours. *Psychology and Health*, *36*, 444-460.

Van Cappellen, P. & LaBouff, J. (in press/2020). Prejudice toward Christians and Atheists among members of nonreligious groups: Attitudes, behaviors, and mechanisms. *Group Processes and Intergroup Relations*. <a href="https://doi.org/10.1177/1368430220906860">https://doi.org/10.1177/1368430220906860</a>

Van Cappellen, P. & Edwards, M. E. (2021). The embodiment of worship: Relations among postural, psychological, and physiological aspects of religious practice. *Journal for the Cognitive Science of Religion*, *6*, 56–79. <a href="https://doi.org/10.1558/jcsr.38683">https://doi.org/10.1558/jcsr.38683</a>

Van Cappellen\*, P., Catalino\*, L., & Fredrickson, B. L. (2020). A new micro-intervention to increase the enjoyment and continued practice of meditation. *Emotion*, 20(8), 1332–1343. <a href="https://doi.org/10.1037/emo0000684">https://doi.org/10.1037/emo0000684</a>

Łowicki, P., Zajenkowski, M., & <u>Van Cappellen, P.</u> (2020). It's the heart that matters: The relationships among cognitive mentalizing ability, emotional empathy, and religiosity. *Personality and Individual Differences, 161*. doi:https://doi.org/10.1016/j.paid.2020.109976

Van Cappellen, P. (2020). The emotion of joy: A commentary on Johnson. *Journal of Positive Psychology*, *15*, 40-43.

Fredrickson, B. L., Arizmendi, C., <u>Van Cappellen, P.</u>, Firestine, A. M., Brantley, M. M., Kim, S. L., Brantley, J., & Salzberg, S. (2019). Do contemplative moments matter? Effects of informal meditation on emotions and perceived social integration. *Mindfulness*, 10, 1915-1925.

Van Cappellen, P., Rice, E., Catalino, L., & Fredrickson, B. L. & (2018). Positive affective processes underlie positive health behavior change. *Psychology and Health*, 1, 77-97. doi: 10.1080/08870446.2017.1320798 (Special Issue on "Emotion, Health Decision-making, and Health Behaviour")

Fredrickson, B. L., Boulton, A. J., Firestine, A. M., <u>Van Cappellen, P.</u>, Algoe, S. B., Brantley, M. M., Loundon Kim, S., Brantley, J., & Salzberg, S. (2017). Positive emotion correlates of meditation practice: A comparison of mindfulness meditation and loving-kindness meditation. *Mindfulness*, *8*, 1623-1633. doi: https://doi.org/10.1007/s12671-017-0735-9

Van Cappellen, P. (2017). Rethinking self-transcendent positive emotions and religion: Perspectives from psychological and biblical research. *Psychology of Religion and Spirituality*, *9*, 254-263. (Special Issue on "The Psychology of Virtue: Integrating Positive Psychology and the Psychology of Religion")

Van Cappellen, P., Fredrickson, B. L., Saroglou, V., & Corneille, O. (2017). Religiosity and the motivation for social affiliation. *Personality and Individual Differences*, 113, 24-31. doi: 10.1016/j.paid.2017.02.065.

Van Cappellen, P., Way, B., Isgett, S. F., & Fredrickson, B. L. (2016). Effects of oxytocin administration on spirituality and emotional responses to meditation. *Social Cognitive and Affective Neuroscience*, 11, 1579-1587. doi: 10.1093/scan/nsw078

Clobert, M., <u>Van Cappellen</u>, <u>P</u>., Bourdon, M., & Cohen, A. (2016). Good day for Leos: Horoscope's influence on perception, cognitive performances, and creativity. *Personality and Individual Differences*, 101, 348-355. doi: 10.1016/j.paid.2016.06.032

Van Cappellen, P., Toth-Gauthier, M., Saroglou, V., & Fredrickson, B. (2016). Religion and well-being: The mediating role of positive emotions. *Journal of Happiness Studies*, 17, 485-505.

Van Cappellen, P., Saroglou, V., & Toth-Gauthier, M. (2016). Religiosity and prosocial behavior among churchgoers: Exploring underlying mechanisms. *International Journal for the Psychology of Religion*, *26*, 19-30.

Van Oyen, G. & <u>Van Cappellen, P.</u> (2015). Mark 15,34 and the real reader: the Results of an empirical survey. *Ephemerides Theologica Lovanienses*, 91, 569-599.

Van Cappellen, P., Saroglou, V., Iweins, C., Piovesana, M., & Fredrickson, B., L. (2013). Self-transcendent positive emotions increase spirituality through basic world assumptions. *Cognition and Emotion*, *27*, 1378-1394.

Van Cappellen, P. & Saroglou, V. (2012). Awe activates religious and spiritual feelings and behavioral intentions. *Psychology of Religion and Spirituality*, 4, 223-236.

Van Cappellen, P. (2012). La fierté dans les Psaumes, ou le paradoxe de la glorification de soi en Dieu. [Pride in the Psalms, or the paradox of self-glorification in God]. *Revue Théologique de Louvain*, 43, 341-362.

Van Cappellen, P. (2011). Un rituel collectif: Analyse de 1 Ch 15-16 selon le modèle de E. Durkheim [A collective ritual : analyze of 1 Chr 15-16 from E. Durkheim's perspective]. *Scandinavian Journal of the Old Testament, 25,* 289-302.

Van Cappellen, P., Corneille, O., Cols, S., & Saroglou, V. (2011). Beyond mere compliance to authoritative figures: Religious priming increases conformity to informational influence among submissive people. *International Journal for the Psychology of Religion*, 21, 97-105.

Saroglou, V., Corneille, O., & <u>Van Cappellen, P.</u> (2009). "Speak, Lord, your servant is listening": Religious priming activates submissive thoughts and behaviors. *International Journal for the Psychology of Religion, 19*, 143-154.

(\*joint first authorship)

# **Invited chapter**

Van Cappellen, P., Zhang, R. & Fredrickson, B. L. (forthcoming 2022). The scientific study of positive emotions and religion/spirituality. To appear in W. Davis, E. Worthington, & S. Schnitker (Ed.), *Handbook of positive psychology, religion, and spirituality*. Springer.

Van Cappellen, P. & Zhang, R. (forthcoming in Spring 2021). Emotions positives: rôles et importance pour la spiritualité. To appear in N. Roussiau (Ed.), *La spiritualité en psychologie*. France: Dunod.

Van Cappellen, P. & Rimé, B. (2014). Positive emotions and self-transcendence. In V. Saroglou (Ed.), *Religion, personality, and social behavior* (pp. 123-145). New York, NY: Psychology Press.

French translation: Van Cappellen, P., & Rimé, B. (2015). Émotions positives et transcendance de soi. Dans V. Saroglou (dir.), *Psychologie de la religion: de la théorie au laboratoire* (R. Kaelen, trad., pp. 111-129). Louvain-la-Neuve: De Boeck Supérieur.

Martin-Krumm, C., Tamminen, K, Oger, M, Trousselard, M., Ferrer, M-H, <u>Van</u> <u>Cappellen, P.</u>, & Fredrickson, B. (2016). Les émotions, frein ou levier pour les apprentissages en EPS? In M. Campo & B. Louvet (Eds.), *Les émotions en sport* – *Education physique, performance et santé* (pp. 129-164). Bruxelles: Editions De Boeck.

# Additional articles in non-peer reviewed journals

Van Cappellen, P. (2015). Emotions positives et spiritualité. Cerveau et Psycho.

Van Cappellen, P. (2010). Positive emotions and their impact on spirituality and basic beliefs. *Emotion Researcher*, 26, 5-7.

# **Selected articles (revision or submitted)**

Prinzing, M., <u>Van Cappellen, P.</u>, & Fredrickson, B. L. (revise and resubmit). Perceived Social and Cosmic Mattering Mediate Links Between Religiousness and Perceived Meaning in Life, but Perceived Cosmic Mattering Appears Stronger.

Kiken, L., <u>Van Cappellen, P.</u>, & Fredrickson, B. L. (under review). Person-meditation fit: Roles of personality and meditation type in adherence and outcomes.

Van Tongeren, D., DeWall, N., & <u>Van Cappellen, P.</u> (revise and resubmit). A sheep in wolves' clothing? Understanding stable and transitional religious identities.

Van Cappellen, P., Ladd, K. L., Cassidy, S., Edwards, M., & Fredrickson, B. L. (under review). Documenting and measuring the effects of full-body postures associated with positive and negative affect.

The MARP Team (in preparation). A Many Analysts Approach to the Relation Between Religiosity and Well-being. <a href="https://osf.io/qbdce/">https://osf.io/qbdce/</a>

Don, B., P., <u>Van Cappellen, P.</u>, & Fredrickson, B. L. (under review). Smoothing Social Ups and Downs: Training in Mindfulness or Loving-Kindness Meditation is Associated with Lower Variability in Social Connectedness Across Time

#### **PRESENTATIONS**

## **Invited Conference Presentations**

Van Cappellen, P. (2019, August). Religion/spirituality: From the mind to the body. Early Career Award address at the Convention of the American Psychological Association, Chicago, IL., USA.

Van Cappellen, P. (2018, January). Toward a dual motivation for religion and spirituality. Keynote speaker for the annual meeting of the Institute for Research in Psychology and Spirituality, Los Angeles, CA, USA.

Van Cappellen, P. (2017, August). Toward a dual motivation for religion and spirituality. Recipient of the Early Career Award from the International Association for the Psychology of Religion, Hamar, Norway.

Van Cappellen, P. (2017, July). Spirituality as a path from and toward positivity. Invitation for the Presidential symposium at the World Congress of the International Positive Psychology Association, Montreal, Canada.

Van Cappellen, P. (2016, January). Religion and the fundamental motivation for social affiliation: Empirical evidence and boundary conditions. Presented at the Psychology of Religion and Spirituality preconference (Society for Personality and Social Psychology Conference), San Diego, CA, USA.

Van Cappellen, P. (2012, January). Positive emotions and their effects on spirituality and related cognitions, feelings, and behaviors. Presented at the Psychology of Religion and Spirituality preconference (Society for Personality and Social Psychology Conference), San Diego, CA, USA.

## **Chaired Symposia**

Van Cappellen, P. & Ladd, K. (chairs) (2019, August). Recent advances in the science of what makes (ir)religion. Presented at the Convention of the American Psychological Association, Chicago, IL., USA.

Van Cappellen, P. & Xygalatas, D. (chairs) (2018, August). Beyond the mind: Embodiment of religious experience. Presented at the Conference of The International Association for the Cognitive Science of Religion, Boston, MA.

Van Cappellen, P. (chair) (2016, January). Beyond the sniff: Implications of the oxytocin system for inter and intra-individual processes. Presented at the Society for Personality and Social Psychology Conference, San Diego, CA.

Van Cappellen, P. (chair) (2014, January). The dark side of religion: Intolerance, prejudice and antisocial behavior. Presented at the Society for Personality and Social Psychology Conference, Austin, Texas.

Van Cappellen, P. (chair) (2013, August). Human flourishing and religion. Paper presented: Positivity as a path toward religion and spirituality: Reversing the traditional causal direction. Presented at the International Association for Psychology of Religion Conference, Lausanne, Switzerland.

## **Talks**

Van Cappellen, P. (2019, August). Embodiment of worship: How the body expresses and creates religious experiences. Paper presented Convention of the American Psychological Association, Chicago, IL., USA.

Van Cappellen, P. (2019, March). In the mind and in the body: The role of religion in fostering closeness to others. Paper presented at the International Convention for Psychological Science, Paris, France.

Edwards, M. & <u>Van Cappellen, P.</u> (2019, February). Embodying the religious experience: Full body representation of religious related feelings and prayer orientations. Data blitz presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology Conference, Portland, OR.

Van Cappellen, P. (2018, October). The body as a symbol for religion: Documenting the relationships between body postures and religious experience. Paper presented at the 2018 Annual Meeting of the Society of Southeastern Social Psychologists, Raleigh, NC.

Edwards, M., <u>Van Cappellen, P.</u>, Cassidy, S. (2018, August). The physicality of religious experiences: Relationships between body postures and feelings. Paper presented at the Conference of The International Association for the Cognitive Science of Religion, Boston, MA.

Cassidy, S., <u>Van Cappellen, P.</u>, Ladd, K., & Edwards, M. (2018, August). Influence of "religious" postures on emotions, humility, and image of God: Preliminary findings. Paper presented at the Conference of The International Association for the Cognitive Science of Religion, Boston, MA.

Van Cappellen, P. (2017, August). Religion, pride, and self-attribution in success. Paper presented at the International Association for the Psychology of Religion, Hamar, Norway.

Van Cappellen, P., Way, B., Isgett, S., & Fredrickson, B. L. (2016, January). The biology of spirituality: Effects of oxytocin administration and genotype. Paper presented at the Society for Personality and Social Psychology Conference, San Diego, CA, USA.

Van Cappellen, P. (2015, August). Transcending the self: The relation between spirituality/religion, social affiliation, and oxytocin. Paper presented at the International Association for Psychology of Religion Conference, Istanbul, Turkey.

Van Cappellen, P. & Fredrickson, B. (2015, July). Transcending the self: The relation between spirituality, social affiliation, and oxytocin. Paper presented at the World Congress of the International Positive Psychology Association, Orlando, FL, USA.

Van Cappellen, P., & Fredrickson, B. (2015, April). Spiritual and religious practices elicit positive emotions that build well-being, prosociality, and continued practice. Paper presented at the Positive Emotions Pre-conference of the Society for Affective Science Meeting, Oakland, CA, USA.

Saroglou, V., Prade, C., & <u>Van Cappellen, P</u>. (2014, July). Humor vs. awe and consequences for religion and spirituality. Paper presented at the International Society for Humor Studies Conference, Utrecht, the Netherlands.

Van Cappellen, P., Saroglou, V., & Fredrickson, B. (2014, January). Self-transcendent positive emotions increase spirituality. Paper presented at the Society for Personality and Social Psychology Conference, Austin, TX, USA.

Saroglou, V., <u>Van Cappellen, P.</u>, Corneille, O., & Blogowska J. (2014, January). Religion, submission, and conformity: A single process with diverging outcomes. Paper presented at the Society for Personality and Social Psychology Conference, Austin, TX, USA.

Van Cappellen, P. (2013, August). Self-transcendent positive emotions increase spirituality through basic world assumptions. Paper presented at ISRE 2013, Berkeley, CA, USA.

Van Cappellen, P., & Fredrickson, B. (2013, March). The place of positive emotions in the possible pathways from religion and spirituality to well-being. Paper presented at Mid-Year APA Division 36 Psychology of Religion and Spirituality Conference, Columbia, MD, USA.

Van Cappellen, P., & Saroglou, V. (2012, August). Religious attendance and prosociality: what underlying mechanisms? Paper presented at APA annual convention, Orlando, FL, USA.

Van Cappellen, P., Saroglou, V., & Toth, M. (2011, August). The place of positive emotions in the possible pathways from religion to well-being. Paper presented at the International Association for Psychology of Religion Conference, Bari, Italy.

Van Cappellen, P. (2011, May). La fierté dans les Psaumes : paradoxe de la glorification de soi en Dieu. Communication présentée au colloque international du RRENAB (Réseau de recherche en analyse narrative des textes bibliques), Ottawa, Canada.

Van Cappellen, P., & Saroglou, V. (2010, June). Induction of positive emotions lead to spirituality through changes in basic beliefs: An experimental study. Paper presented at the 5<sup>th</sup> European Conference on Positive Psychology, Copenhagen, Denmark.

Van Cappellen, P., & Wénin, A. (2010, June). Un rituel collectif: Analyse de 1 Ch 16 selon le modèle de Durkheim. Communication présentée à "Ecritures et réécritures", colloque international du RRENAB (Réseau de recherche en analyse narrative des textes bibliques), Lausanne, Suisse.

Van Cappellen, P., & Saroglou, V. (2009, August). Positive emotions as influencing spirituality-related feelings and behavioral intentions: The specific role of awe. Paper presented at the International Association for Psychology of Religion Conference, Vienna, Austria.

Van Cappellen, P., & Saroglou, V. (2009, April). Feeling close to others and/or God as a function of spirituality: The moderating role of positive emotions. Paper presented at the Mid-Year APA Division 36 Psychology of Religion and Spirituality Conference, Columbia, MD.

#### **Posters**

Athimuthu, P. & <u>Van Cappellen, P.</u> (2021, February). Examining the strength and robustness of the relationship between hope and religiosity using data from the 2016 General Social Survey. Poster presented at the Religion and Spirituality Preconference of the 2021 Society for Personality and Social Psychology virtual conference.

- Reece, G., & <u>Van Cappellen, P.</u> (2021, February). Confess while raising my hands? Comfort in various prayer postures across prayer themes and emotions. Poster presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology virtual conference.
- O'Brien, K. A., <u>Van Cappellen, P.</u>, & Algoe, S. (2021, February). To God all the glory: Prevalence of and ways to express gratitude to God. Poster presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology virtual conference.
- Freeburg, P., Ratchford, J., <u>Van Cappellen, P.</u>, & Schnitker, S. (2021, February). Can fluid body movement lead to less prejudice and more prosociality? The effect of movement fluidity and movement meaning on the embodiment of parochial/outgroup cognitions and behaviors. Poster presented at the Society for Personality and Social Psychology virtual conference.
- Naclerio, M. & <u>Van Cappellen</u>, <u>P.</u> (2020, February). Examining the religious functions of awe through group cohesion and self-sacrifice. Poster presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology Conference, New Orleans, LA.
- Van Cappellen, P., Edwards, M., & Shiota, M. (2020, February). Shades of expansiveness: Full-body expressions of joy, awe, hope, and dominance. Poster presented at the Society for Personality and Social Psychology Convention, New Orleans, LA.
- Edwards, M. E., Perlin J. D., & <u>Van Cappellen, P.</u> (2020, February). Shaken to the core: A naturalistic study of awe's effects on values, meaning, and religiosity. Poster presented at the Society for Personality and Social Psychology Convention, New Orleans, LA.
- Edwards, M. E., & <u>Van Cappellen, P.</u> (2020, February). Prayer postures associations with religious experience among Muslims, Christians, and Hindus. Poster presented at the Society for Personality and Social Psychology Convention, Psychology of Religion and Spirituality preconference, New Orleans, LA.
- Zhang, R., & <u>Van Cappellen, P.</u> (2020, February). The interdependence between prayer posture and religious mindset. Poster presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology Conference, New Orleans, LA.
- Cassidy, S. & <u>Van Cappellen, P.</u> (2019, February). Are postures adopted during church service related to worship experience? Poster presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology Conference, Portland, OR.
- Van Cappellen, P. (2018, March). Evil pride: How do religious people react to experiences of success? Poster presented at the Society for Personality and Social Psychology Conference, Atlanta, GA.
- Qu, Y., Park, B., Tsai, J., Choi, I., <u>Van Cappellen, P.</u>, Knutson, B., Wu, G., Chen, Y-C. (2018, March). Ideal affect match promotes interpersonal trust. Poster presented at the Society for Personality and Social Psychology Conference, Atlanta, GA.

Cassidy, S., <u>Van Cappellen, P.</u>, Ladd, K., Edwards, M. (March, 2018). Influence of "religious" postures on emotions, humility, and image of God: preliminary findings. Poster presented at the Religion and Spirituality Preconference of the Society for Personality and Social Psychology Conference, Atlanta, GA.

Isgett, S.F., Way, B.M., <u>Van Cappellen, P.</u>, & Fredrickson, B.L. (2016, January). Oxytocin's delicate dance with age and gender: effects on emotional attention. Poster presented at the Emotion Preconference of the Society of Personality and Social Psychology Conference, San Diego, CA.

Clobert, M., Bourdon, M., <u>Van Cappellen, P.</u>, & Cohen, A. (2016, January). Good day for Leos: Horoscope's influence on perception, cognitive performances, and creativity. Poster presented at the Society for Personality and Social Psychology Conference, San Diego, CA, USA.

Van Cappellen, P. (2015, February). Social exclusion of an outgroup member: religion's influence. Poster presented at the Society for Personality and Social Psychology Conference, Long Beach, CA.

Van Cappellen, P., & Saroglou, V. (2013, January). The power of emotions in shaping beliefs: Self-transcending positive emotions and openness to spirituality and religion. Poster presented at the Society for Personality and Social Psychology Conference, New Orleans, LO.

Van Cappellen, P. & Saroglou, V. (2012, January). Induction of elevation, but not amusement, enhances spirituality through the increase of meaning in life. Poster presented at the Society for Personality and Social Psychology Conference, San Diego, CA.

Van Cappellen, P., & Saroglou, V. (2011, January). Positive emotions can make you more religious and more spiritual. Poster presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.

Van Cappellen, P., & Saroglou, V. (2011, January). Yes, positive emotions do mediate the religion-well-being relation. Poster presented at SPSP Emotion Pre-Conference, San Antonio, TX.

Van Cappellen, P., Corneille, O., Cols, S., Saroglou, V. (January, 2010). Religious priming increases conformity among submissive people. Poster presented at the SPSP Psychology of Religion and Spirituality Preconference, Las Vegas, NV.

# ADDITIONAL INVITED TALKS

- Duke Alumni Lifelong Learning, Duke University (March, 2021)
- UMons, Belgium (invited by Prof. Sarah Galdiolo, December 2020)
- University of Geneva, Switzerland (invited by Prof. Florian Cova, December 2019)
- University of Amsterdam, the Netherlands (invited by Prof. Disa Sauter, December 2019)
- University of Lausanne, Switzerland (invited by Prof. Pierre-Yves Brandt, December 2019)

- Wake Forest University, NC (April 2019)
- Radio WCOM 103.5 FM, Carrboro NC. <u>Radio In Vivo</u>, your link to the Triangle Science Community (Feb 2017)
- Social Psychology Brown Bag meeting, Duke University (October 2016, February 2020)
- UCLouvain, Belgium (August 2016, December 2018)
- Positive Emotions as Learning Opportunities: A Psychological Approach" presented as part of a full day seminar on "Emotions: A Pathway to Truth?" The E. Maynard Adams seminar." Organized by The Program in the Humanities and Human Values, UNC Chapel Hill (April 2016)
- Indiana University South Bend, IN (March 2015)
- Center for Spirituality, Theology, and Health, Duke University, NC (November, 2013; February 2016)
- UNC Chapel Hill, NC (January, 2012, February 2014, March 2015)

## SELECTED MEDIA COVERAGE

- Research on the psychological effects of reading horoscope with Magali Clobert and Adam Cohen featured in Netflix show "Explained" on "Astrology" (2020).
- Society for Personality and Social Psychology "Character and Context" blog: <u>The psychological and social importance of postures during worship</u> (December 2019).
- Pew's podcast After the Fact, Episode 23: Rising Spirituality. Why are Americans more spiritual than ever? Listen <a href="here">here</a> (March 2018)
- Religion and Positive Psychology: Interview by Live Happy magazine: Listen <a href="here">here</a> (October 2017).
- Self-transcendence, awe, and spirituality: interviews with Wholebeing Institute (February 2018), see one example <a href="here">here</a>.
- Huffington Post: <u>10 Steps to Lasting Success in 2016 and Beyond</u> by Suna Senman, Dec 28, 2015.
- Research on oxytocin and spirituality covered by more than 55 international media outlets, see list <u>here</u>.
   For example: <u>The Huffington Post</u>, <u>Times Live</u>, <u>Psychology Today</u>, <u>Science News</u>, <u>Live Science</u>.
- Research on awe and self-transcendent positive emotion: <u>All about awe</u> by Anna Mikulak, Observer, Vol.28, No.4 April, 2015; Interview with Sarah Mahoney for Life Reimagined: <u>Why you need more awe and wonder. What new findings about religion and spirituality mean for all of us.</u> February 20, 2015. Psychology Today: <u>Holiday Awe: Understanding and Cultivating Awe</u>. December 23, 2011 and <u>The Science of How Avatar is Awesome.</u> January 19, 2010; National Affairs: <u>Awe Activates Religious and Spiritual Feelings and Behavioral Intentions.</u> November 02, 2011; The Atlantic: <u>Awesomeness is Everything.</u> January/February, 2017.

#### **SERVICE**

- Advisory panel member: Divine forgiveness (PI: Frank Fincham). 2018-2019.
- Steering Committee member: Gratitude to God: Psychological, Philosophical, and Theological Investigations. (PIs: Robert Emmons and Phil Watkins), January 4-5, 2018.
- Invited to be part of the Psychology of Religion early career workshop, October 2016, Oceanside, CA (http://sharifflab.com/workshop/)
- Selected for The Happiness and Well-Being Project's Interdisciplinary Development Workshop, June 2016, Costa Rica (<a href="http://www.happinessandwellbeing.org/cr-development-workshop">http://www.happinessandwellbeing.org/cr-development-workshop</a>) and was a discussant at their Capstone Conference in May 2018.
- Member of the Joy consortium directed by Mark Berner and the John Templeton Foundation, 2015-2017.

# **Conference Organization**

- Van Cappellen, P., Van Tongeren, D. R., Johnson, K. A., & LaBouff, J. (2021, February). Psychology of Religion and Spirituality Preconference (Society for Personality and Social Psychology annual convention). Speakers: Jazmin Brown, Julie Exline, Melanie Nyhof, Kimberly Rios, Rebekah Richert, Carissa Sharp
- Van Cappellen, P., Van Tongeren, D. R., & Johnson, K. A. (2020, February). Psychology of Religion and Spirituality Preconference (Society for Personality and Social Psychology annual convention). Speakers: Adam Cohen, Michael Barlev, Sarah Schnitker, Daryl Van Tongeren, Kurt Gray.
- Van Cappellen, P., Van Tongeren, D. R., & Johnson, K. A. (2019, February). Psychology of Religion and Spirituality Preconference (Society for Personality and Social Psychology annual convention). Speakers: Keisha Cutright, Paul Djupe, Adam Green, Elizabeth Minton, Clay Routledge.
- Van Cappellen, P., Van Tongeren, D. R., & Wesselmann, E. (2018, March). Psychology of Religion and Spirituality Preconference (Society for Personality and Social Psychology annual convention). Speakers: Dave Rand, Andrew Lewis, Michael McCullough, Michiel van Elk, Annette Mahoney.
- Van Cappellen, P., Van Tongeren, D. R., & Wesselmann, E. (2017, January).
  Psychology of Religion and Spirituality Preconference (Society for Personality and Social Psychology annual convention). Speakers: Anneke Buffone, Jim Everett, Jonathan Morgan, Crystal Park, Michael Spezio, Connie Svob, Wesley Wildman, David Yaden.
- Van Cappellen, P., Van Tongeren, D. R., Wesselmann, E., Cohen, A., & Rowatt, W. (2016, January). Psychology of Religion and Spirituality Preconference (Society for Personality and Social Psychology annual convention). Speakers: Chris Bader, Zhen Cheng, Amber DeBono, Peter Hill, David Myers, Kimberly Rios, Joni Sasaki, Patty Van Cappellen, Aiyana Willard.

**Editorial activities Associate Editor** 

Archive for the Psychology of Religion (2017-2021)

Editorial Board APA Psychology of Religion and Spirituality Journal

(2018-present)

Editor Bi-monthly newsletter for the International Association

for Psychology of Religion (2012-June 2016)

Conference scientific program reviewer

International Positive Psychology Association World

Congress, 2017

Pre-conference on the Psychology of Religion and Spirituality at SPSP: 2016, 2017, 2018, 2019, 2020

Grant reviewing National Science Foundation, John Templeton

Foundation

Ad hoc reviewer Psychological Science, Current Directions in

Psychological Science, Journal for Personality and Social Psychology, Emotion, American Psychologist, Journal for Experimental Psychology: General, Journal for Experimental Social Psychology, Cognition and Emotion, Personality and Social Psychology Bulletin, Personality and Individual Differences, Journal of Positive Psychology, Journal of Happiness Studies, European Journal of Social Psychology, Consciousness and Cognition, Acta Neuropsychiatrica, International Journal for the Psychology of Religion, Journal for the Scientific Study of Religion, Archive for the Psychology of Religion, Mental Health, Religion, and Culture, Psychology of Religions, Leisure Sciences, Neotestamentica, Psychologie française, L'année

psychologique

## TEACHING EXPERIENCE & MENTORSHIP

# **Teaching**

PSY318S Positive Psychology, Duke University Summer Session II 2020

Lead Instructor

Mean instructor rating: 4.67/5

Other teaching experience:

Independent research, UNC-Chapel Hill Spring 2013, 6 students

Fall 2013, 4 students Spring 2014, 4 students Fall 2014, 1 student Fall 2016, 2 students Spring 2016, 2 students

Fall 2016, 1 student

Invited lecturer in the Bachelor and Master course on Psychology of Religion, Spring 2010 UCLouvain, Belgium Spring 2011

Mentorship of volunteer undergraduate

Research Assistants, Duke

5-15 students/semester since Fall 2016

Emotions and Positive Psychology: guest

lecturer, Scripps College, CA

Spring 2017

Health Psychology: guest lecturer, Scripps

College, CA

Fall 2018

Introduction to Social Psychology: guest

lecturer, Duke University, NC

Fall 2019

# Honors' thesis and graduation with distinction

Chair:

Gregory S. Crocker, Spring 2015, UNC Social Psychology. Research funded by APA Div. 36 Student Award

Maria Naclerio, 2019-2020, Duke Psychology. Research funded by URS grant. Maria also received the 2019-2020 Jerome S. Bruner Award for Excellence in Undergraduate Research

Served on:

Carolina Caldera, Spring 2013, UNC

#### Master dissertations mentorship

Co-advisor of 7 master's theses between Spring 2009 and 2012, UCLouvain, Belgium

#### **Doctoral dissertation committee**

Claire Prade, 2016, UCLouvain, Belgium

Allon Vishkin, 2019, The Hebrew University of Jerusalem, Israël

# Supervision of research internship

Spring 2019: Supervision of Pawel Lowicki, fourth year graduate student from the University of Warsaw, Poland

Spring-Summer 2014: Supervision of High School student Anli Zhang. Mentorship Program of the NC School of Science and Mathematics

Spring 2011: Supervision of a three-month full time research internship, UCLouvain, Belgium

## **Advising**

Each term I train and mentor a group of about 5-10 undergraduates in research. Depending on their experience level, they are involved in the study design, data collection, data coding, data analyses and writing.

# **CONTINUED EDUCATION**

- Advanced statistics: Structural Equation Modeling Curran-Bauer workshop, June 2018
- Advanced statistics: Longitudinal Structural Equation Modeling Curran-Bauer workshop, July 2018

## PROFESSIONAL MEMBERSHIPS

- Society for Personality and Social Psychology (SPSP)
- International Association for the Psychology of Religion (IAPR)
- International Positive Psychology Association (IPPA)

## **LANGUAGES**

# **Modern languages**

- French (mother tongue)
- English: fluent
- Dutch: passive knowledge (family heritage)
- Spanish: passive knowledge

# **Ancient languages**

• Biblical Hebrew, Greek, and Aramaic; Latin