

YOU HAVE A DIAGNOSIS OF DEMENTIA. Now What

Receiving a diagnosis of cognitive impairment of any type can cause a range of emotions including fear, anger, sadness and sometimes relief. Learning about your condition, connecting to support systems and making plans for next steps can be helpful as you or a loved one embark on a new phase of life.

Register to receive your zoom access:
wakegov.com/libraries



Virtual
Thursday, Mar. 23
6 to 7 p.m.

 **ALZHEIMER'S
ASSOCIATION**

Duke Dementia
Family Support
Program



NC Registry for Brain Health



Wake County
Public Libraries