Healthy Brains Together
The Community Newsletter of the Duke-UNC Alzheimer's Disease Research Center (ADRC)

Mission

Duke-UNC Alzheimer's Disease Research Center (ADRC)

Our mission is to engage with our community to promote awareness of brain health and encourage participation in research for Alzheimer's disease and related dementias. We are recruiting a diverse group of people into the Duke-UNC ADRC Memory and Aging study (pg 4). We hope that by working together, we will have a positive impact on the health and well-being of your community!

Congratulations Dr. Peggye Dilworth-Anderson!

Dr. Dilworth-Anderson is a professor of health policy and management at UNC Gillings School of Public Health, and is also a member of the Duke-UNC ADRC Outreach, Recruitment and Engagement (ORE) core. Her focus is to make research more inclusive of everyone and she has developed methods to meet the needs of the community where the research is taking place. She has improved education and awareness about Alzheimer’s disease and related dementias in medically underserved communities.

Alzheimer's Association International Conference

Faculty from the Duke-UNC ADRC attended the Alzheimer's Association International Conference (AAIC) in San Diego in August. This meeting is dedicated to advancing dementia research.
Lumbee Homecoming

We participated in the Lumbee Homecoming on July 1st and 2nd in Pembroke, NC. We talked with the Lumbee community about brain health, our work with the Duke-UNC ADRC and active research studies. The kids enjoyed making plaster brain molds while we spoke with their parents about brain health. We are grateful to UNC Pembroke for supplying the mobile unit and tent, and to Dr. Cherry Maynor Beasley and the Lumbee community for their support.

The Longest Ride

Rev. Henry Edmonds, Program Coordinator for the ADRC Outreach, Recruitment and Engagement (ORE) Core organized his annual event in June. ADRC faculty and staff joined in on the fun. Dr. Brenda Plassman rode the course, and Latorius Adams and Deborah Chestnutt volunteered at the event. A total of $12,340 was raised for the Alzheimer's Association.

Walk to End Alzheimer's Disease

Please join our team and the Alzheimer's Association for the Walk to End Alzheimer's Disease on October 15, 2022 in Raleigh, NC. Everyone is welcome to join us on the walk or support our team Duke-UNC ADRC Brain Walkers: http://act.alz.org/goto/Duke-UNC-ADRC

You can also scan the QR code for more information about this event.
Get to know us!

Shannon Casey & Lindsay Washington are clinical research coordinators at the Duke-UNC Alzheimer's Disease Research Center

Shannon Casey

Shannon is a graduate of the University of South Florida with degrees in gerontology and biomedical sciences. She has a master's degree in gerontology from the University of North Carolina at Greensboro. Shannon's research interests include non-medical factors that influence health outcomes and healthy aging. She is passionate about advocating for the aging population and is thrilled to be part of the Duke-UNC ADRC team.

She recommends the book *Being Mortal: Medicine and What Matters in the End* by Dr. Atul Gawande. This book is an exploration of aging, medicine, quality of life and end of life.

“I am excited to work alongside individuals dedicating their careers to furthering dementia research.”

Lindsay Washington

Lindsay is a graduate of Smith College with a degree in African-American Studies. After attending Stony Brook University for graduate school, she developed a passion for tutoring biology and chemistry courses. Lindsay’s background includes the ethics of informed consent and, how the intersections of race, ethnicity, and medicine affect health outcomes.

Lindsay’s research interests include advancing health equity in the treatment of Alzheimer’s disease and other memory disorders.

"I am excited to be at the Duke-UNC ADRC and work alongside such a dedicated team."
Target enrollment

Our goal is to enroll 100 people per year over 5 years. We need 420 participants (ages 45-80) who will be seen every year and 120 participants (ages 25-44) who complete a one-time evaluation.

We aim to include:
- 20% African American
- 30% Rural

Current enrollment

We have 79 people enrolled including:
- 13.92% African American
- 35.85% Rural* (based on information about 53 of the 79 participants enrolled)

If you know someone who is interested in participating, please share our contact information:

Phone: (919) 613-8633 | Email: NCBrainHealth@duke.edu

Thank you for your support!