

The Training Provided Includes:

- Three-day training in both program content and training delivery.
- Electronic copies of all program materials, with permission to reproduce the materials for agency use.
- Off Road Parenting book with DVD.
- A collection of educational videos.
- A full year of follow-up coaching & consultation to support agency staff during the implementation process at their respective sites.
- Guidance and coaching toward full agency certification in the TFTC model.

Meet the Staff:



Shaneka Bynum

Administrative and
Training Coordinator



Donald Bartosik, LMFT

Consultant and
Certified Trainer



Tom Holahan, M.Ed.

Consultant and
Certified Trainer



Allen Murray

Certified Trainer and
Training Coordinator

Maureen Murray, LCSW

Program Director



Maureen Murray is the Program Developer, Primary Investigator, and a Certified Trainer for Together Facing the Challenge. She serves as Associate Professor in the Department of Psychiatry and Behavioral Sciences at Duke University School of Medicine, with over 20 years of experience leading clinical research projects in community-based settings. As Clinical Director of the *Therapeutic Foster Care in a System of Care* study, she was the primary developer of the Foster Care resource toolkit, ***Together Facing the Challenge.*** She provides training and consultation on this model of care throughout the United States. She has served as an individual therapist for children living in foster and congregate care, specializing in trauma treatment, adjustment disorders, and familial separation. She is a member of the Board of Directors of the Family Focused Treatment Association.



Dr. Elizabeth Farmer

The work of Dr. Farmer and Dr. Burns was crucial to the development of Together Facing the Challenge. The program owes a great debt to their vision and leadership.

Dr. Farmer is presently Dean of the School of Social Work at the University of Pittsburgh University in PA. Dr. Burns is Professor of Medical Psychology and Director of the Services Effectiveness Research Program in the Duke University Department of Psychiatry.



Dr. Barbara Burns

Together Facing the Challenge

An Evidence-Based Model for

Foster Care



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History of Together Facing the Challenge

Through multiple research studies, the Together Facing the Challenge model of care was developed to support existing agencies in enhancing their treatment in usual care practice. We now offer the Together Facing the Challenge model of care in a comprehensive training package, including in-person training, necessary materials, and on-going coaching and consultation as the goal is for agencies to achieve full certification. In addition to being supported by evidence and grounded in theory, the training in Together Facing the Challenge is designed to aid agency leadership in the formidable task of implementing a new model of care. As of 2011, this model received a Level 2 rating for Research Evidence and a Level 1 rating for Child Welfare Relevance from the California Evidence-Based Clearinghouse for Child Welfare. We believe this model of care, supported by theory but sustainable in usual care settings, will provide a reliable model of care for agencies providing Treatment Foster Care and other related services. It is now in use by over 70 agencies across 30 states.



Consultation

To apply for this training, please visit <http://sites.duke.edu/tftc/> and complete the Agency Readiness Survey or contact Maureen Murray directly. Once your application has been reviewed, a member of our team will be in contact with you to discuss enrollment opportunities. The Duke Endowment covers the cost of the training in North Carolina and South Carolina. For trainings in other states, program fees for conducting this training are determined by such factors as the number of participants and the location of the training. Group consultation via teleconferencing is included in the training fees. Training participants also have access to additional consultation via email or phone contact on an as-needed basis.

Training Agenda & Highlights

Day 1	Background and Research Overview of TFC Toolkit What’s the Relationship Got to Do with It? The Impact of Trauma on Youth in Care Social Learning Theory & Tracking Behaviors Power of Praise & Daily Check-In Giving Effective Instructions Developing Meaningful House Rules Understanding the Conflict Cycle Avoiding Power Struggles
Day 2	Implementing Effective Consequences Exploring Individual Identity & Cultural Diversity Preparing Youth for their Future Developing a Personal Timeline Strengthening Family Communication Enhancing Problem Solving Taking Care of Self Highlighting Adult Learning Styles Preparing for Group Presentations
Day 3	————— From Theory to Practice ————— Practice and Critique of Skills Coaching Foster Parents to Success View <i>Therapeutic Foster Care in North Carolina</i> Methods for Effective Program Application Planning for Follow-up Consultation Moving Forward with Implementation



Objectives

Upon completion of this workshop, participants will be able to:

- Identify key factors that lead to positive outcomes for youth in care
- Describe the contents of the “Together Facing the Challenge” Toolkit
- Outline and deliver the seven-session train-the-trainer curriculum
- Demonstrate the process of providing training with fidelity to the model
- Help move their agency to full certification in TFTC, with an ability to be sustainable and independent in practice



Benefits of Together Facing the Challenge

- Applicable for new and existing agencies
- Explanation of theoretical underpinnings, including social learning, psychodynamic, and behavioral theories
- Directly trains and supports agency leadership in the implementation of the model of care
- Designed for Treatment Foster Care but applicable to agencies serving youth in foster care, residential treatment, outpatient services as well as strengthening forever families
- Clinically experienced program developers and trainers