The Training Provided Includes:

- Three-day training in both program content and training delivery.
- Electronic copies of all program materials, with permission to reproduce the materials for agency use.
- Off Road Parenting book with DVD.
- A collection of educational videos.
- A full year of follow-up coaching & consultation to support agency staff during the implementation process at their respective sites.
- Guidance and coaching toward full agency certification in the TFTC model.

Meet the Staff:



Administrative and

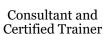
Training Coordinator



Consultant and



Tom Holahan, M.Ed.





Allen Murray

Certified Trainer and **Training Coordinator**

Maureen Murray, LCSW **Program Director**



Maureen Murray is the Program Developer, Primary Investigator, and a Certified Trainer for Together Facing the Challenge. She serves as Associate Professor in the Department of Psychiatry and Behavioral Sciences at Duke University School of Medicine, with over 20 years of experience leading clinical research projects in community-based settings. As Clinical Director of the Therapeutic Foster Care in a System of Care study, she was the primary developer of the Foster Care resource toolkit, "Together Facing the Challenge." She provides training and consultation on this model of care throughout the United States. She has served as an individual therapist for children living in foster and congregate care, specializing in trauma treatment, adjustment disorders, and familial separation. She is a member of the Board of Directors of the Family Focused Treatment Association.



Dr. Elizabeth Farmer



Dr. Barbara Burns

The work of Dr. Farmer and Dr. Burns was crucial to the development of Together Facing the Challenge. The program owes a great debt to their vision and leadership.

Dr. Farmer is presently Dean of the School of Social Work at the University of Pittsburgh University in PA. Dr. Burns is Professor of Medical Psychology and Director of the Services Effectiveness Research Program in the Duke University Department of Psychiatry.

Together Facing the Challenge

An Evidence-Based Model for **Foster Care**





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919-385-0855

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https://sites.duke.edu/tftc

History of Together Facing the Challenge

Through multiple research studies, the Together Facing the Challenge model of care was developed to support existing agencies in enhancing their treatment in usual care practice. We now offer the Together Facing the Challenge model of care in a comprehensive training package, including in-person training, necessary materials, and on-going coaching and consultation as the goal is for agencies to achieve full certification. In addition to being supported by evidence and grounded in theory, the training in Together Facing the Challenge is designed to aid agency leadership in the formidable task of implementing a new model of care. As of 2011, this model received a Level 2 rating for Research Evidence and a Level 1 rating for Child Welfare Relevance from the California Evidence-Based Clearinghouse for Child Welfare. We believe this model of care, supported by theory but sustainable in usual care settings, will provide a reliable model of care for agencies providing Treatment Foster Care and other related services. It is now in use by over 70 agencies across 30 states.



Consultation

To apply for this training, please visit http://sites.duke.edu/tftc/ and complete the Agency Readiness Survey or contact Maureen Murray directly. Once your application has been reviewed, a member of our team will be in contact with you to discuss enrollment opportunities. The Duke Endowment covers the cost of the training in North Carolina and South Carolina. For trainings in other states, program fees for conducting this training are determined by such factors as the number of participants and the location of the training. Group consultation via teleconferencing is included in the training fees. Training participants also have access to additional consultation via email or phone contact on an as-needed basis.

Training Agenda & Highlights

	-
Day 1	Background and Research
	Overview of TFC Toolkit
	What's the Relationship Got to Do with It?
	The Impact of Trauma on Youth in Care
	Social Learning Theory & Tracking Behaviors
	Power of Praise & Daily Check-In
	Giving Effective Instructions
	Developing Meaningful House Rules
	Understanding the Conflict Cycle
	Avoiding Power Struggles
Day 2	Implementing Effective Consequences
	Exploring Individual Identity & Cultural Diversity
	Preparing Youth for their Future
	Developing a Personal Timeline
	Strengthening Family Communication
	Enhancing Problem Solving
	Taking Care of Self
	Highlighting Adult Learning Styles
	Preparing for Group Presentations
Day 3	From Theory to Practice
	Practice and Critique of Skills
	Coaching Foster Parents to Success
	View Therapeutic Foster Care in North Carolina
	Methods for Effective Program Application
	Planning for Follow-up Consultation
	Moving Forward with Implementation



Objectives

Upon completion of this workshop, participants will be able to:

- Identify key factors that lead to positive outcomes for youth in care
- Describe the contents of the "Together Facing the Challenge" Toolkit
- Outline and deliver the seven-session train-thetrainer curriculum
- Demonstrate the process of providing training with fidelity to the model
- Help move their agency to full certification in TFTC, with an ability to be sustainable and independent in practice



Benefits of Together Facing the Challenge

- Applicable for new and existing agencies
- Explanation of theoretical underpinnings, including social learning, psychodynamic, and behavioral theories
- Directly trains and supports agency leadership in the implementation of the model of care
- Designed for Treatment Foster Care but applicable to agencies serving youth in foster care, residential treatment, outpatient services as well as strengthening forever families
- Clinically experienced program developers and trainers