

**Saturday, March 5, 2016**  
**Orange County Convention**  
**Center, West Building**  
**Valencia Room D**  
**7:50 am – 5:15 pm**

## Arthroscopy Association of North America

*“To promote, encourage, support and foster  
 through continuing medical education functions,  
 the development and dissemination of knowledge in  
 the discipline of arthroscopic surgery”*



### Statement of Need

The need for this activity has been determined based on identifying professional practice gaps, previous course evaluations and the AANA Self Assessment. The educational content of this activity was based upon current issues and topics provided by the Arthroscopy Association of North America planning committees and membership.

### Target Audience

The target audience is AANA members and other healthcare professionals who desire to improve their arthroscopic knowledge, competence, performance, and patient outcomes.

### Global Learning Objectives

This comprehensive educational meeting provides learners with opportunities to:

- Examine and apply basic scientific information and technical skills in arthroscopic surgery.
- Update knowledge regarding state-of-the-art advances in arthroscopic surgical treatment.
- Evaluate the current evidence base for diagnosis and clinical management of joint disorders.
- Review their current practice management expertise and develop a plan to increase their expertise.
- Develop new clinical and technical skills to improve the everyday practice of arthroscopic surgery.

### Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education. The Arthroscopy Association of North America (AANA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### AMA PRA Category 1 Credit™ Designation

The Arthroscopy Association of North America designates this live educational activity for a maximum of **7.75 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Disclaimer Statement

The methods, techniques, and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are their own and do not necessarily represent those of the Arthroscopy Association of North America (AANA), nor does presentation on the program represent or constitute endorsement or promotion by AANA.

AANA expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions or procedures expressed, presented or demonstrated.

### Disclosure Statement

In accordance with the Accreditation Council for Continuing Medical Education Standards for Commercial SupportSM (SCS 2.3) it is the policy of AANA that all planners, teachers, and authors who are in the position to control the content of an education activity are required to disclose to AANA, the accredited provider and the activity audience, all relevant financial relationships. An individual has a relevant financial relationship if he/she (or spouse/partner) has a financial relationship in any dollar amount that has occurred during the previous 12 months with a commercial interest whose products and services are discussed in the CME activity content over which the individual has control. A commercial interest is defined as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME Standards for Commercial SupportSM (SCS 2.3) requires accredited CME providers to resolve all identified potential conflicts of interest with any individual in a position to influence and/or control the content of CME activities prior to the education activity being delivered to learners. AANA has implemented mechanisms prior to the planning and implementation of each CME activity, to identify and mitigate conflicts of interest for all individuals in a position to control the content. All Conflict of Interest Disclosures will be provided in the final activity materials provided to the program participants.

7:50 am – 8:00 am	Welcome and Opening Remarks <i>Jeffrey S. Abrams, MD, AANA President</i> <i>John M. Tokish, MD, AANA Education Committee Chairman</i>
8:00 am – 9:15 am	<b>Session I: Shoulder Instability</b>
	<b>Moderator:</b> Jeffrey S. Abrams, MD
8:00 am	What I Still Need to Teach You About the Scope and Anterior Instability <i>Russell F. Warren, MD</i>
8:10 am	The Narrowing Indications for the Arthroscopic Bankart and How to Decide <i>Robert H. Bell, MD</i>
8:20 am – 8:30 am	Innovation Spotlight: The Arthroscopic Latarjet: Lessons Learned and Current Evolution <i>Laurent Lafosse, MD</i>
8:30 am - 9:15 am	Mini-Symposium: Critical Issues in Shoulder Instability
8:30 am – 8:40 am	The Case for the 19 Year-Old First Time Dislocator Athlete
8:30 am	Fix Him Now <i>Brett D. Owens, MD</i>
8:35 am	Wait and See <i>Alan S. Curtis, MD</i>

8:40 am – 8:50 am	The Role for Remplissage in Augmenting Moderate Bone Loss	11:15 am – 12:00 pm	<b>Session IV: Knee Meniscus and Articular Cartilage</b>
8:40 am	A Great Path to the Top of the Mountain! <i>John D. Kelly, IV, MD</i>		<b>Moderator:</b> Robert E. Hunter, MD
8:45 am	A Short Road Off a Cliff! <i>Robert T. Burks, MD</i>	11:15 am	Innovation Spotlight: Repairing the Most Difficult of Menisci: Roots, Radials and Revisions <i>Nicholas A. Sgaglione, MD</i>
8:50 am	Innovation Spotlight: Posterior Instability: Every Trick I Have <i>Anthony A. Romeo, MD</i>	11:25 am	Meniscus Transplantation: State of the Art 2016 and Beyond <i>Brian J. Cole, MD, MBA</i>
8:57 am	Innovation Spotlight: Technical Considerations with the Bony Bankart <i>Peter J. Millett, MD</i>	11:35 am	The Cartilage Defect in the Athlete's Knee: What We Should and Shouldn't Do <i>Jack M. Bert, MD</i>
9:05 am – 9:15 am	Panel Question and Answer	11:40 am	Innovation Spotlight: Subchondroplasty for Bone Edema <i>Douglas J. Wyland, MD</i>
9:15 am – 10:00 am	<b>Session II: Shoulder SLAP Tears, Biceps and the Throwing Shoulder</b>	11:45 am – 12:00 pm	Panel Question and Answer
	<b>Moderator:</b> Richard KN Ryu, MD	12:00 pm – 1:00 pm	Lunch on Own
9:15 am	What I Still Need to Teach You About the Scapula <i>W. Benjamin Kibler, MD</i>	1:00 pm – 2:05 pm	<b>Session V: Knee Ligaments</b>
9:25 am	What I Still Need to Teach You About the Throwing Shoulder <i>James R Andrews, MD</i>		<b>Moderator:</b> Jack M. Bert, MD
9:35 am	What I Still Need to Teach You About the Biceps Tendon <i>Richard J. Hawkins, MD</i>	1:00 pm – 1:14 pm	ACL Reconstruction Controversies
9:45 am – 10:00 am	Panel Question and Answers	1:00 pm	Allograft ACL Should Be Abandoned as a Technique <i>Craig R. Bottoni, MD</i>
10:00 am – 10:20 am	Break	1:07 pm	Allograft ACL is Just as Good of an Option: Even in Young Athletes <i>Thomas R. Carter, MD</i>
10:20 am – 11:15 am	<b>Session III: Shoulder Rotator Cuff</b>	1:14 pm	Innovation Spotlight: The Role of the ALL in Knee Stabilization <i>Robert B. Litchfield, MD</i>
	<b>Moderator:</b> Mark H. Getelman, MD	1:20 pm – 1:41 pm	The Multiligament Knee: A Mini-Symposium for Getting this Right <b>Moderator:</b> Gregory C. Fanelli, MD
10:20 am	Innovation Spotlight: Superior Capsular Reconstruction for Massive Irreparable Tears <i>Teruhisu Mihata, MD</i>	1:20 pm	Evidence Based Management principles of the Multiligament Knee <i>Bruce A. Levy, MD</i>
10:30 am – 10:40 am	The PASTA Debate	1:27 pm	Innovation Spotlight: The 5 Most Important Technical Lessons I Have Learned in Managing the Multiligament Knee <i>Gregory C. Fanelli, MD</i>
10:30 am	Take it Down and Repair it! <i>Stephen C. Weber, MD</i>	1:34 pm	Managing the Corners: Repair, Augment or Reconstruct? <i>Robert F. LaPrade, MD</i>
10:35 am	Fix it In Situ! <i>Nikhil N. Verma, MD</i>	1:41 pm	The Skeletally Immature Unstable Knee: What You Must Know in 2016 <i>Matthew R. Schmitz, MD</i>
10:40 am	The Role of Biologics in Rotator Cuff Repair: Where are we in 2016? <i>Jason Dragoo, MD</i>	1:48 pm – 2:05 pm	Panel Question and Answer
10:50 am	How to Get the Massive Repair Right and When to Throw in the Towel <i>Jeffrey S. Abrams, MD</i>		
11:00 am – 11:15 am	Panel Question and Answer		

2:05 pm – 3:00	<b>Session VI: Hip</b>	3:55 pm – 4:15 pm	<b>Case #3:</b> The Unstable Patellofemoral Joint with Alta and Chondral Damage
	<b>Moderator:</b> John J. Christoforetti, MD		<b>Moderator:</b> William R. Beach, MD
2:05 pm	State of the Art FAI: 2016 <i>Benjamin Domb, MD</i>		<b>Panel:</b> John P. Fulkerson, MD, Robert T. Burks, MD, Philip B. Schoettle, MD
2:15 pm	Innovation Spotlight: Arthroscopic Labral Repair and Reconstruction <i>Marc J. Philippon, MD</i>	4:15 pm – 4:35 pm	<b>Case #4:</b> The 19 Year-Old Contact Athlete with Moderate Bone Loss and an on Track Lesion
2:25 pm	Innovation Spotlight: Arthroscopic Cuff Repair of the Hip: Indications and Technique <i>J.W. Thomas Byrd, MD</i>		<b>Moderator:</b> Matthew T. Provencher, MD
2:35 pm	Innovation Spotlight on a New Technique: Endoscopic Hamstring Repairs: Indications and Technique <i>Carlos A. Guanche, MD</i>		<b>Panel:</b> James P. Bradley, MD, Giovanni Di Giacomo, MD, Anthony A. Romeo, MD, Felix H. Savoie, III, MD
2:45 pm – 3:00 pm	Panel Question and Answer	4:35 pm – 4:55 pm	<b>Case #5:</b> The 45 Year-Old with Massive RC Tear and Grade 3 Goutallier Changes
3:00 pm – 3:15 pm	Break		<b>Moderator:</b> Jeffrey S. Abrams, MD
3:15 pm – 5:15 pm	<b>Session VII: Case Based Approaches</b>		<b>Panel:</b> Stephen S. Burkhart, MD, Pascal Boileau, MD, John E. Kuhn, MD
3:15 pm – 3:35 pm	<b>Case #1:</b> 20 Year-Old College Soccer Player: Graft Choice, Fixation, Return to Play <b>Moderator:</b> John C. Richmond, MD <b>Panel:</b> K. Donald Shelbourne, MD, Joao Espergueira-Mendes, MD, Dean C. Taylor, MD	4:55 pm – 5:15 pm	<b>Case #6:</b> The Unstable Symptomatic AC Joint <b>Moderator:</b> Peter J. Millett, MD <b>Panel:</b> Peter MacDonald, MD, Spero Karas, MD, Michael Simoni, MD
3:35 pm – 3:55 pm	<b>Case #2:</b> 25 Year-Old Menisectomized Knee and a 2x2 Chondral Defect <b>Moderator:</b> Robert E. Hunter, MD <b>Panel:</b> Brian J. Cole, MD, MBA, Thomas M. DeBerardino, MD, Jason Drago, MD	5:15 pm	Adjourn