

<https://www.sciencedaily.com/releases/2021/08/210817111404.htm>

<https://www.inverse.com/mind-body/immune-system-depression-histamines>

<https://newatlas.com/science/histamine-inflammation-depression-serotonin-brain-imperial-college/>

<https://www.powerofpositivity.com/histamine-role-in-depression/>

<https://www.jioforme.com/potential-new-treatments-for-drug-resistant-depression-confirmed-in-mice-blocking-histamine-in-the-brain/685355/>

<https://newatlas.com/science/histamine-inflammation-depression-serotonin-brain-imperial-college/>

<https://www.healtheuropa.eu/histamine-could-play-major-role-in-depression-study-suggests/110498/>

<https://www.zmescience.com/science/histamine-brain-depression-mice-47357345/>

<https://www.hopementalhealth.com/blog/histamine-release-can-be-causing-depression>