

Participant Planning

How to get the most out of the workshop

Here is exactly what we would like you to do to get ready for this workshop:

- 1. Think about your learning goals.** Due to the learner-centered nature of the small groups, you will get the most out of the conference if you have assessed your learning needs and specific goals prior to conference time.
- 2. Think about your teaching and practice setting.** Try to identify a specific patient, clinical scenario, or teaching dilemma that has challenged you recently. We will use YOUR cases, YOUR teaching settings, and YOUR clinical questions as much as possible in the conference.
- 3. Review the materials in advance.** The course schedule and materials will be posted on the workshop website one month before the conference.
<https://sites.duke.edu/ebmworkshop/materials/>
- 4. Go to your library or via electronic resources, pull at least one paper you would be interested in reading and learning from.** Not only will you be finding material for conference consideration, you will also be identifying what resources you have at home and what barriers there might be to your getting papers when you need them. Remember, in the end, our job is to help you be successful at home (not just at the conference). Therefore, if you know about your resources and barriers, we can be most helpful when you are here.
- 5. Be excited (no stress, please!).** The best thing about EBP is that it can be so much fun. We hope that you will review these materials with eager excitement in anticipation of the workshop. We are fully aware of the probability that each of you is very busy without much extra time to prepare for this conference. We do not mean to add to your 'to-do' list. However, if you simply pull a paper or two, we will be able to hit the road running in small group. While we will review many different resources, we want to be sure that we spend some time reading original literature to practice the critical appraisal process.
- 6. Don't be shy.** Please do not hesitate to contact us with questions or concerns. Contact information is on the website at
<https://sites.duke.edu/ebmworkshop/>